



headlines

Del Norte County 4-H Program

586 G Street
Crescent City, CA 95531
707-464-4711
cedelnorte@ucdavis.edu
Kelly Pedrotti, 4-H Program Rep.
Jaclyn Bennett, Secretary

July - Aug. 2020

Del Norte 4-H Projects and COVID-19

Our 4-H Council voted to let each project leader decide what was required this year for a completed project due to COVID-19. Contact your project leader to find out what you need to do to complete a project to receive your year pin and stripe.

Council also voted to let youth who gave their 4-H presentation to five different audiences, including County Presentation Day be able to receive a Presentation Proficiency pin. If you need the Presentation Proficiency paperwork, please contact Jacki Bennett at the 4-H Office 707-464-4711.

Upcoming Events

- July 3rd Office closed - Holiday
- July 13-17th California Wild 4-H Virtual Camp
- July 24-26th Vision 2020 SLC
- July 31st End of the year financial forms due
- Aug. 14th Record Books due to your Community Club Leader
- Aug. 18th Council meeting
- Sept. 21st Achievement Night
- Oct. 4-10th National 4-H Week
- Oct. 6th Enrollment/Science Night



Congratulations To Our Graduate!!

Zoe McManus



Record Books DUE!!

**August 14th 2020
To your Community Club Leaders**

Del Norte 4-H Community Club:
Jacki Bennett 954-8189
Wild River: Christine Jones 951-4304
Elk Valley Swine: Don Steinruck 954-5225



4-H Resumption of In-Person Activities During COVID-19: Humboldt/Del Norte Counties

All 4-H Leaders must complete this short training session **before resuming face-to-face 4-H meetings, activities, or events.** You can find the training session and the survey to say you completed it at: <https://ucanr.edu/survey/survey.cfm?surveynumber=30538>. You can also find this survey on the Humboldt/Del Norte 4-H website under 4-H. After you complete this training you are required to fill out and turn in to Kelly Pedrotti (kdpedrotti@ucanr.edu), our 4-H Program Representative the Safety Plan and Checklist and receive approval for the meeting. If you have any questions about the survey or the process please contact Dorina Espinoza at dmespinoza@ucanr.edu or Kelly Pedrotti at kdpedrotti@ucanr.edu.

2019-2020 Club Treasurer Reports

As a reminder, clubs closeout their current treasurer books on June 30, 2020. Our clubs must follow the State 4-H guidelines for starting and ending club treasurer reports, which go from July 1 to June 30 each year. The following treasurer forms must be completed and returned to the 4-H office by July 31, 2020 by 12:00 p.m.:

- ◆ 6.2 Annual Inventory Report
- ◆ 6.3 Annual Financial Report
- ◆ 8.4 Annual Budget Form
- ◆ 8.5 Year-End Club Peer Review Form

If you need forms or help please contact the 4-H Office at 707-464-4711.

Wild California Virtual 4-H Camp

July 13-17, 2020
\$25.00 Registration fee

Choose one morning(10:00-11:00 a.m.) and/or afternoon(1:30-2:30 p.m.) activity each day. Open to youth ages 9-18, you don't have to be 4-H, all are welcome.

Activities include: The Stay at Home Explorer (part 1 & 2), Palling with your Pen Pal / Icebreakers & Games, Fireworks: How Fire Works & How to Stay Prepared, Coding a Clean Ocean, Be An Artist—Be A Star! (Drawing & Composition, Color, Shading & Value, What Does Color Sound Like?), Family Birding Game, Community Learning/Games, Name That Tree!, Zentangle Art, iNaturalist, Yoga & You, I'd Like to Visit, Make Your Own 3-D Watershed Map!, Time Capsule—A Summer to Remember and California Ecosystems.

For more information on each activity and to register go to: <https://sites.google.com/ucdavis.edu/wild-california/our-wild-california-activities?authuser=0>



Virtual 4-H Stem Space Camp

This is a free virtual camp for all youth and the projects are still open and available to participate. Just go to:

<https://agrillife.org/montgomery4h/virtual-4-h-space-camp-registration/>, to learn how to how to design and test a space rover, grow seeds without soil, fly paper rockets and collect space rockstars.



Project Leaders Needed for 2020-2021

Parents, grandparents, to friends, would you like to be a mentor to our 4-H youth in a particular project? We are looking for 4-H project volunteer leaders for the upcoming 4-H program year which begins October 1, 2020 through September 30, 2021.

We are looking for leaders in the project areas of fishing, biking, sewing, robotics, wildlife, welding, rabbits, woodworking or any other specialty project. The 4-H office has curriculum for project leaders to use, and will hold training workshops. All new leaders must be fingerprinted and go through orientation. If you are interested please contact the 4-H office at 707-464-4711.



We're going virtual for Vision 2020 SLC, July 24-26 \$50.00 Registration Fee

While we had hoped that State Leadership Conference would be able to be held this summer to continue the tradition of teaching Leadership skills with a hands-on experience, it's become clear the impact of COVID-19 will continue to be felt for the foreseeable future and that large gatherings should not be held. Based on the advice of health experts and the continued guidance issued by the Governor and University of California leadership, we have decided to move State Leadership Conference to a virtual format. The health and safety of our 4-H member and volunteers are our number one priority. The State Ambassadors and the members of State Leadership Conference planning team are working diligently to create an engaging and interactive online experience. Registration is open to youth 9 to 18 years of age.

Registration is: <https://ucanr.edu/sites/4hstateleadership/Registration/>.

Save 15% at JOANN and Support 4-H at the Same Time!

JOANN is supporting 4-H with a rewards "card" that gives holders 15% off their total in-store and online purchases! A minimum of **2.5% of every eligible transaction is donated to 4-H.**

Two ways to sign up:

1. Sign up online at: <http://www.joann.com/4-H/>
2. Download the free JOANN app on your mobile device. Go to "More" and select "Loyalty Programs".

4-H Fresh Chefs Digital Cookbook



The digital cookbook features 50 recipes from 4-Her's across the country, 4-H alumni and supporters including:

- ◆ **Carla Hall** - Celebrity Chef and 4-H Healthy Habits Program Ambassador, Tennessee 4-H alumna
 - ◆ **Anne Burrell** - Host of Food Network's *Worst Cooks in America: Celebrity Edition* and New York alumna
 - ◆ **Laila Ali** - Cookbook Author, TV Host, Former Boxing Champion and Creator of *Laila Ali Lifestyle*
 - ◆ **Timothy Hollingsworth** - Owner and Chef of *Otium, CJ Boyd's* and *Free Play*, Winner of Netflix's *The Final Table*
- Recipes include everyday foods like, Cheese Cauliflower Pizza, Crispy Smashed Potatoes, and Asian Lettuce Wraps, in addition to celebration foods, like Chicken Pot Pie, Gingerbread Doughnuts, and Sprinkle Cake Pops, that teach families how to balance eating habits. This cookbook is available for free here: <https://4-h.org/parents/healthy-living/cookbook/>.

The University of California prohibits discrimination against or harassment of any person on the basis of race, color, national origin, religion, sex, physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, citizenship, or status as a covered veteran (special disable veteran, Vietnam-era veteran or any other veteran who served on active duty during a war or in a campaign or expedition of which a campaign badge has been authorized). University policy is intended to be consistent with the provisions of applicable State and Federal laws. Inquiries regarding the University's nondiscrimination policies may be directed to the Affirmative Action/Staff Personnel Services Director, University of California, Agriculture and Natural Resources, 1111 Franklin, 6th Floor, Oakland, CA 94607-5200 (510) 987-0096. those requiring special accommodations to attend any of these events are encouraged to contact the Del Norte County 4-H Extension Office, (707) 464-4711.

4-H Family Newsletter
one per address, please share



Del Norte 4-H Program
586 G Street
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4-H Volunteer Leader Appointments

Dorina Espinoza

UC Healthy Families and Communities Advisor

Hello UC 4-H Adult Volunteers,

Another year of the UC 4-H Youth Development Program (YDP) is beginning. This program thrives when a supportive and cooperative relationship exists with UC 4-H YDP youth, adult volunteers, other program stakeholders, and UC 4-H YDP staff. A large part of our success rides on the positive and generous contributions of you, the UC 4-H Adult Volunteer. The UC 4-H YDP could not accomplish its goals, mission, and objectives without you. It is because of great volunteers that we can have such a positive and lasting impact on our youth.

I want you to be aware that I greatly appreciate the investment you make of time and expertise. I take your contributions as a UC 4-H YDP Volunteer seriously and want this to be a positive experience for you and for the 4-H Youth Development Program. As we get to know each other better I hope to learn where the greatest needs are to support you in your UC 4-H YDP Volunteer role.

Adult volunteers are appointed for a one year term and reviewed annually. Annual reappointment is required for an adult volunteer to remain active. The reappointment criteria is listed briefly below and fully in the state 4-H policy manual (<http://4h.ucanr.edu/Administration/Policies/Chapter6>) (please read and review). Only those volunteers adhering to the criteria will be reappointed. Reappointed volunteers will receive a confirmation letter and leader card that states the term of the appointment. Adult volunteers who are not reappointed will be sent a letter indicating that their services are no longer needed.

I look forward to an outstanding 4-H year, receiving your leader enrollment forms and getting to know you better through this reappointment process. Please contact me with any questions or concerns as well as suggestions for "making the best better" as we work together in our UC 4-H YD Program!

Adult Volunteer Appointment and Reappointment Process:

Adult volunteer appointments are valid for one (1) year, with a six month overlap process for reappointments.

Adult Volunteer Application Process for Appointment and Reappointment:

Adult volunteers are independently and personally responsible for annually submitting the 4-H Adult Volunteer Application. The application includes:

- 4-H Adult Volunteer Application Form
- Waiver of Liability
- Adult Volunteer - Confidential Self Disclosure Form
- Adult Volunteer Treatment Authorization and Health History Form
- Adult Volunteer Code of Conduct
- Background Screening Process - Live Scan (required first year)
- UC 4-H Adult Volunteer Orientation (required first year)

Review of Reappointment:

Reappointments are required and reviewed and renewed or denied on an annual basis by the County Director in consultation with UC 4-H YDP staff. Review and renewal is based on:

Completing and submitting the reappointment material.

The adult volunteer's quality of service and previous performance, specifically including demonstration of a supportive and cooperative relationship with UC 4-H YDP youth, adult volunteer peers, clientele, other program stakeholders, and UC 4-H YDP staff; and adherence to the programmatic goals, code of conduct and core values established by the UC 4-H YDP.

County UC 4-H YDP needs.

After reviewing and determining a re-appointment is made, the County Director shall:

Issue an official signed 4-H Volunteer Appointment Cards that states the 1-year term and the responsibilities of the appointment, and

Issue a letter outlining the parameters and limitations of the appointment, to include limitations to UC general and automobile liability insurance coverage and the requirement of having two volunteers/adults present at all times while conducting 4-H activities and events.

Failure to Reapply as an Adult Volunteer (Break in Service):

Adult volunteers who do not annually reapply to continue as an adult volunteer according to the above described requirements will be considered "resigned." In addition, adult volunteers may independently resign from the UC 4-H YDP at any time.

Record Books - Purpose

The California 4-H Youth Development Program has a long history of record-keeping for 4-H members. In early 4-H history, Record Books focused on project profit and loss and other necessities for agricultural work. As 4-H moved from a primarily agricultural focus to encompassing suburban and urban clubs, the Record Book format changed. In the late 80's, the state level Record Book was reformatted to conform to national achievement (which was then eliminated in the early 90's) and the core values of the 4-H Youth Development Program. However, this left the California 4-H YDP with two different Record Book formats—local and state.

The Statewide 4-H Incentives and Recognition Advisory Committee has combined the local Record Book format (Personal Development Report) and the state level Project Competition format into an integrated California 4-H Record Book system. In the 21st century, practices must transform to meet the needs of a changing society: industrial agricultural practices have moved to computerized systems, and record-keeping has become streamlined. In order for the 4-H Record Book process to pilot youth into prepared and engaged partners within their communities, it needs to become modernized, streamlined, and relevant.

The Purpose of Record Books:

4-H Record Books serve a variety of purposes in the California 4-H Youth Development Program. While society has changed, so have the goals of 4-H record-keeping. 4-H Record Books allow 4-H members to reflect on their yearly work completed as well as maintain records of project and club work. 4-H members demonstrate growth and measure achievements across their years in 4-H.

In record-keeping, 4-H members develop the following life skills:

- * Maintaining records of 4-H project and club work and school and community activities.
- * Keeping personal and business records
- * Improving communication with other people
- * Learning time management and organizational skills
- * Learning responsibility and developing goal setting skills

4-H Record Books are an educational component of the 4-H Youth Development Program.

In Del Norte County 4-H YDP -

4-H Annual project forms are required to complete a program year and to receive the year pin and stripe. Members must turn in their Record Books by **August 17th** to their Community Club leaders or the 4-H office by 12:00 p.m. The Community Club leaders and a committee will judge the Record Books on August 21st.

If you have any questions, please contact the 4-H Office at 464-4711.

PREPARE YOURSELF



4-H PDR Activities and Where to Put them For Regular Member PDR

<u>Types of 4-H Participation -</u>	<u>PDR Section</u>
Completed 4-H Project(s) for Year -	1
Club & Project Meetings -	
Gave prepared talk about 4-H activity	6
Gave a demo or illustrated talk	6
Organized holiday party or games	4
On a committee for party/games/refreshments	4
Assisted with club fundraiser	4
Club Meetings -	
Attended	Counts on front of PDR
Club officer	Count once per year
Office Election Speech	4
Project Meetings -	
Attended -add all project meetings together	Counts on front of PDR
Fieldtrips for a project -	Does not go on PDR, only on Project Form
Citizenship/Community Service -	
(Ex. Dinner in a Jar, Port pillows)	3
Chaired a Service activity	4
Attended a Board of Supervisor's meeting	5
Volunteered at a community holiday dinner	5
Donated or wrapped toys or clothing	5
Christmas/Veteran's Day/4th of July Parade -	
Chaired or on committee	4
Participated in parade entry	6
Won a prize for the float	7
Attended parade in 4-H Uniform	3
Riding horse in parade with your project	2
Achievement Night -	
Attended	3
County Gold Medalist	7
MC	6
Chairperson/committee or clean-up	4

4-H PDR Activities and Where to Put them For Regular Member PDR

<u>Types of 4-H Participation -</u>	<u>PDR Section</u>
Committee Chairperson or committee member	4
Wrote 4-H News Articles-either for Headlines or newspaper	6
Soup Supper-	
Attended in Uniform	3
Sold & baked cookies	5
Committee member	4
Solicited or picked up auction items	6
Sold tickets to other people then your family	6
Set-up or clean-up	5
Presentation Day-	
Attended	3
Gold Medalist	7
Committee member	4
Room monitor	4
MC	6
Home Ec Day-	
Attended	3
Best in Show	7
Committee member	4
MC	6
Fashion Revue-	
Chair or committee member	4
Attended	3
County Winner - Gold	7
MC	6
Officer - 4-H Council	4
County Record Book Workshop - Attended	3

Prepared Talks -

Talks must be related to 4-H or project, well-prepared and should be at least 5-7 minutes long. A talk given outside group or a 4-H group must relate to 4-H to count here.