



headlines

Del Norte County 4-H Program

586 G Street
Crescent City, CA 95531
707-464-4711
cedelnorte@ucdavis.edu
Thomas Stratton, 4-H Program Representative

Sept. - Oct. 2018

Achievement Night

Monday, September 17th, 2018

Arts & Crafts Building, Fairgrounds

6:00 p.m.

All members who finished the 4-H year and turned in at least their project report forms will be eligible to receive the 4-H pin and stripe. Awards for presentation proficiency, judging, star awards, outstanding members and medalists will also be give out.

4-H Council asks that families with last names starting with **A-M** bring a bag of chips for taco salad makings (ex. Corn chips) and families with last names starting with **N-Z** bring a dessert. Council will be providing taco salad makings and flavored water.

See You There!



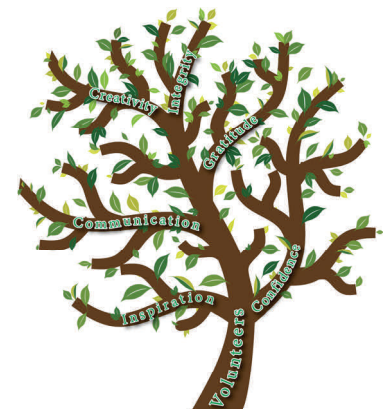
Upcoming Events

- Aug. 27th Office closed
- Sept. 3rd Office closed-Holiday
- Sept. 10th Office closed
- Sept. 17th Achievement Night
- Sept. 27th Office closed
- Oct. 6th Bake Sale - Tractor Supply
- Oct. 7th-13th National 4-H Week
- Oct. 8th Office closed
- Oct. 9th Enrollment Night and National 4-H Science Day
- Oct. 12th Christmas Chairperson & Veteran's Day Parade Chairperson applications due
- Oct. 16th Chairperson interviews Council meeting, Boardroom
- Oct. 22nd Office closed
- Nov. 1st Re-Enrollment deadline
- Nov. 1st Office closed
- Nov. 5th Office closed



Office and 4-H Changes

Due to medical reasons, the office will be closed every other Monday through November 5th. Also these 4-H projects, Marine Biology, GPS, Robotics, Clover Sprouts, Sewing, Outdoor Adventure and Archery, that Jacki is the leader of, will not begin until the month of February. Also if there is anyone interested in become the leader for any of these project, please contact me at the 4-H office 464-4711.



~ 2018 County Fair Awards ~

Breed & Miscellaneous Classes

| | |
|--------------------------------------|-------------------|
| Supreme Champion Dairy | Cadence Salas |
| Reserve Champion Dairy | Marisa Camarena |
| Supreme Champion Dairy Goat | Timber Scott |
| Reserve Champion Dairy Goat | Ayden McManus |
| Supreme Champion Pack Goat | Taylor Jones |
| Supreme Champion Pygmy Goat | Taylor Jones |
| Supreme Champion Market Goat | Taylor Jones |
| Reserve Champion Breeding Ewe | Taylor Jones |
| Supreme Champion Breeding Ram | Taylor Jones |
| Reserve Champion Breeding Ram | Dylan Starkey |
| Reserve Champion Market Lamb | Taylor Jones |
| Best in Show Duck | Fayth Toreson |
| Best Large Fowl in Show | Hailey Carey |
| Reserve in Show Bantam | Layton Scott |
| Reserve in Show Poultry | Layton Scott |
| Supreme Champion Market Chickens | Jaclyn Daley |
| Reserve Champion Market Chickens | John Daley |
| Reserve Champion Laying Hens | Marisa Camarena |
| Supreme Champion Market Ducks | Timber Scott |
| Reserve Champion Market Ducks | Layton Scott |
| Best in Show Rabbit | Sophia Hernandez |
| Best in Show Fur (Rabbit) | Dylan Starkey |
| Supreme Champion Stewer Rabbit | Dylan Starkey |
| Reserve Champion Single Fryer Rabbit | Savanah Hernandez |

| | |
|---------------------------------|--------------|
| Small Animal Round Robin | Taylor Jones |
| Large Animal Round Robin | Taylor Jones |

4-H Showmanship

Cavy

| | | |
|------------------|------|--------------|
| Sr. | Gold | Taylor Jones |
| Champion Showman | | Taylor Jones |

Poultry

| | | |
|------|--------|-----------------|
| Jr. | Gold | Layton Scott |
| | Silver | Timber Scott |
| | Bronze | Talyn Hodson |
| Int. | Gold | Marisa Camarena |
| | Silver | Grace Rodriguez |
| | Bronze | Caroline Wollam |

Rabbit

| | | |
|--------------------------|--------|-------------------|
| Junior | Gold | Savanah Hernandez |
| | Silver | Timber Scott |
| | Bronze | Emma Gibson |
| Sr. | Gold | Taylor Jones |
| | Silver | Dylan Starkey |
| Champion Showman | | Taylor Jones |
| Reserve Champion Showman | | Dylan Starkey |

Sheep

| | | |
|------------------|--------|-----------------------|
| Int | Gold | Courtney Blakely-Nash |
| Sr. | Gold | Taylor Jones |
| | Silver | Dylan Starkey |
| Champion Showman | | Taylor Jones |

4-H Showmanship

Dairy Cattle

| | | |
|--------------------------|--------|------------------|
| Jr. | Gold | Matthew Camarena |
| Int. | Gold | Emma Salas |
| | Silver | Caroline Wollam |
| | Bronze | Elisa Young |
| Sr. | Gold | Cadence Salas |
| | Silver | Zoe McManus |
| | Bronze | Angelina Nunez |
| Champion Showman | | Emma Salas |
| Reserve Champion Showman | | Cadence Salas |

Dairy Goat

| | | |
|------------------|--------|---------------|
| Jr. | Gold | Timber Scott |
| Int. | Gold | Ayden McManus |
| Sr. | Gold | Taylor Jones |
| | Silver | Zoe McManus |
| Champion Showman | | Taylor Jones |

Meat Goat

| | | |
|------------------|------|--------------|
| Sr. | Gold | Taylor Jones |
| Champion Showman | | Taylor Jones |

Pygmy Goat

| | | |
|------------------|------|--------------|
| Int. | Gold | Taylor Jones |
| Champion Showman | | Taylor Jones |

Swine

| | | |
|------|--------|------------------|
| Jr. | Gold | Tsinte Steinruck |
| | Silver | Taylor Zwierlein |
| | Bronze | Talyn Hodson |
| Int. | Gold | McKenna Curtis |
| Sr. | Gold | Cadence Salas |

Beef

| | | |
|-----|------|--------------|
| Sr. | Gold | Taylor Jones |
|-----|------|--------------|

4-H Awards - Non Animals

- Best Baked Foods - Layton Scott
- Best Decorated Cake - Maggie Heilweck
- Best Ag Hort - Taylor Jones
- Best Educational Display - Talyn Hodson
- Home Ec Sweepstakes - Tyree Coles
- Arts & Crafts Sweepstakes - Maggie Hielweck & Ryleigh Bennett
- Photography Sweepstakes - Maggie Heilweck

4-H Feature Booth:

Best of Show - Del Norte 4-H Community Club

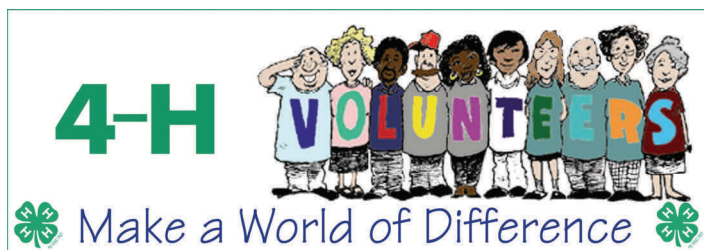


All 4-H adult volunteers are required to complete online training courses in eXtension in order to volunteer with 4-H youth. The eXtension training sessions are interactive and most volunteers have no problems accessing and completing the training.

If you have an older computer or low internet bandwidth the State 4-H Office will facilitate training in a Zoom session, an online system that allows video conferencing, for those who have computers with older operating systems or low internet bandwidth. They will offer multiple Zoom-based session from July to November.

Zoom participants need to INDIVIDUALLY pre-register online at least 1 day prior to the desired training date using the links for the session. Participants must stay on the webinar for the entire session in order to complete the training.

Here is the link: <http://4h.ucanr.edu/files/285906.pdf>, to access the **Statewide Webinar Schedule for Volunteer eXension Courses 2018**.



PDR Corner

| | |
|--|----|
| Achievement Night - attended | #3 |
| Achievement Night - presented | #6 |
| Enrollment Night - attended | #3 |
| Enrollment Night - talked with new members | #6 |
| Science Night - participated | #3 |
| Wear 4-H uniform during National 4-H Week | #6 |



Re-Enrollment Deadline!

If you participated in 4-H last year and would like to continue growing and learning in 4-H, you need to enroll online and pay your enrollment fee (\$20.00) to your 4-H leader or the 4-H office by 12:00 p.m. on Wednesday, November, 1st. If we do not receive your forms by this date you will be unable to participate and have fun in 4-H this year.

Christmas or Veteran's Day Parade Chairpersons Needed

Would you like to be a chairperson for the 4-H Christmas Party or the 4-H Veteran's Day Parade entry?

If you are interested please stop by or contact the 4-H office for an Event Chairperson application, fill it out and send it back in by October 12th. Interviews will be held on October 16th.

Duties include creating a committee, making or purchasing decorations, purchasing food and drink items, setting up and cleaning up the party and returning decorations to the office.

National 4-H Week

October 7 - 13, 2018

Theme for this years National 4-H Week is "Inspire Kids to Do". We are asking clubs and projects to promote Del Norte County 4-H Youth Development Program by making and displaying posters throughout town, doing presentations (*in your 4-H uniform*) at local schools or at Back to School Night or service clubs, having displays in local businesses, inviting a friend to a 4-H meeting, wearing your uniform to church or school or have a community service day during the week. Or complete the National 4-H Week Scavenger Hunt.

Life Skills Corner

If you have been in 4-H very long you have probably heard the term "Life Skills". So what does 'life skills' mean to you, and are you learning them? One definition of 'life skills' is "ways of applying information learned to real life situations". Some examples of life skills that you can learn by being in 4-H are:

- Organizing & Goal Setting
- Problem Solving
- Social Skills & Cooperation
- Concern for others
- Self-Motivation & Teamwork
- Leadership & Responsible Citizenship
- Self-responsibility & Character
- Safety & Healthy Lifestyle Choices



Creativity- How do you express your personal creativity in 4-H? Call, write, or email us at the 4-H office how you have been creative in 4-H, and we will share it in the next issue of Headlines.

The University of California prohibits discrimination against or harassment of any person on the basis of race, color, national origin, religion, sex, physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, citizenship, or status as a covered veteran (special disable veteran, Vietnam-era veteran or any other veteran who served on active duty during a war or in a campaign or expedition of which a campaign badge has been authorized). University policy is intended to be consistent with the provisions of applicable State and Federal laws. Inquiries regarding the University's nondiscrimination policies may be directed to the Affirmative Action/Staff Personnel Services Director, University of California, Agriculture and Natural Resources, 1111 Franklin, 6th Floor, Oakland, CA 94607-5200 (510) 987-0096. Those requiring special accommodations to attend any of these events are encouraged to contact the Del Norte County 4-H Extension Office, (707) 464-4711.

4-H Family Newsletter
one per address, please share



Del Norte 4-H Program
586 G Street
Crescent City, CA 95531

Inspire Kids to Do!!!

National 4-H Week Scavenger Hunt

October 7 - 13, 2018

Join in the 4-H fun during National 4-H week.

Items:

1. Real four leaf clover
2. Completed 4-H online enrollment
3. Autograph of a 4-H volunteer
4. Photo of you with a 4-H volunteer
5. Autograph of a 4-H donor
6. Snapshot of a 4-Her doing community service
7. Write down the: 4-H pledge, 4-H motto and what the 4 H's stand for.
8. Photo of you in your uniform or 4-H clothing with another 4-Her similarly dressed.
9. Find and take a picture of a 4-H display around town.
10. Attend and participate in National 4-H Science Night (October 8th, 2018).
11. Get a new person to sign up for 4-H.



4-H Online Enrollment

Enroll as soon as you can after July 1st. Enrollment deadlines for returning members is November 1, 2018. Follow the steps below to enroll:

Youth Enrollment:

1. Log onto **4HOnline**
2. Update profile. If you have been enrolled in 4-H in the past, but have forgotten your password choose the "I forgot my password" button and enter your email.
 - A. Click on Enroll for 2018-2019 button at the bottom of the page
 - B. Update or change the information on the Youth Personal Information page.
 - C. Once updated click the Continue button at the bottom of the page.
 - D. Select if you do or do not give permission for the State 4-H Youth Development Program to use your youths information on the 4HOnline system for reporting purposes.
 - E. Click on the Waiver of Liability box
 - F. Click on the Code of Conduct/Enrollment Confirmation box
 - G. Click on the Photography Release box
 - H. Select if you want your youth to be medically treated or not if something happens to them during a 4-H event.
 - I. Click on the Continue button at the bottom of the page.
 - J. Fill out the online Health form
 - K. Click the Continue button at the bottom of the page.
 - L. Under the Participation Page:
 - i. Club Tab: make sure youth is in the correct Community Club
 - ii. Project Tab: Add or delete projects youth would like to participate in this year.
 - M. Once all the projects have been updated - click the Submit Enrollment button.
3. Pay your enrollment fees to your 4-H Community Club leader or the 4-H Office:
 - A. \$20.00 youth
4. If you have a question or would like help enrolling, please call the 4-H office at 464-4711.

Adult Volunteer Enrollment:

1. Please follow the steps above. There will be an extra page called the "Volunteer Confidential Self-Disclosure Form" that you will need to fill out online.
2. Once you have submitted your enrollment, you will receive an email asking you to go to eXtension website to take specific courses. After you click the link to eXtension, you will need to create a new account with eXtension and confirm the new account with the email address you provided.
3. You can then click on the original 4-H Online email link to eXtension to go through the re-enrolling volunteer courses.
4. Pay your enrollment fees to your 4-H Community Club leader or the 4-H Office:
 - A. \$10.00 adult
5. If you have any questions or would like help enrolling, please call the 4-H office at 464-4711.

***30 Days of Doing
September 1 - 30, 2018***

Celebrating all kids who "do" with purpose across the nation through fun tips, tools, resources and stories. Includes a "Inspire Kids to Do" photo contest.

You and your club can be featured in a National 4-H Campaign!

National 4-H Council is looking for 4-H youth of all ages who have ideas for fun, educational and/or hands-on activities to be featured in Council's brand campaign for September's "30 Days of Doing". We'd love to hear the, and have the opportunity to feature the great ideas, kids and 4-H clubs bringing them to life.

Be a Doer!

**Enrollment Night and Science Night
October 8, 2018
Arts and Crafts Building, Fairgrounds
6:00 p.m.**

If you have friends or family that are interested in 4-H please have them come and enroll on October 8th.

All the Community Clubs will be represented and they will have members to talk about their different 4-H projects.

The 2018 National Youth Science Day activity is titled, Code Your World will not only teach computer science youth, but will also build confidence and teach skills relevant across fields from agriculture to technology to arts.



Safely Canning Albacore Tuna

Taken from USDA Complete Guide to Home Canning - Guide 5

Tuna can be canned either precooked or raw. Precooking removes most of the strong-flavored oils. The strong flavor of dark tuna flesh affects the delicate flavor of the white flesh. Many people prefer not to can dark flesh. It may be used as pet food.

Procedure: Keep tuna on ice until ready to can. Remove viscera and wash fish well in cold water. Allow blood to drain from stomach cavity. Place fish belly down on a rack or metal tray in the bottom of a large baking pan. Cut tuna in half crosswise, if necessary. Precook fish by baking at 250° F for 2 1/2 to 4 hours (depending on size) or at 350°F for 1 hour. The fish may also be cooked in a steamer for 2 to 4 hours. If a thermometer is used, cook to a 165° to 175°F internal temperature. Refrigerate cooked fish overnight to firm the meat. Peel off the skin with a knife, removing blood vessels and any discolored flesh. Cut meat away from bones; cut out and discard all bones, fin bases, and dark flesh. Quarter. Cut quarters crosswise into lengths suitable for half-pint or pint jars. Fill into hot jars, pressing down gently to make a solid pack. Tuna may be packed in water or oil, whichever is preferred. Add water or oil to jars, leaving 1-inch headspace. Remove air bubbles and adjust headspace if needed. Add 1/2 teaspoon of salt per half-pint or 1 teaspoon of salt per pint, if desired. Carefully clean the jar rims with a clean, damp paper towel; wipe with a dry paper towel to remove any fish oil. Adjust lids and process.

Recommended process time for Tuna in a dial-gauge pressure canner:

| | | |
|------------|-------------|---------|
| Half-pints | 100 minutes | 11 lbs. |
| Pints | 100 minutes | 11 lbs. |

Recommended process time for Tuna in a weighted-gauge pressure canner:

| | | |
|------------|-------------|---------|
| Half-pints | 100 minutes | 10 lbs. |
| Pints | 100 minutes | 10 lbs. |

