

headlines

Del Norte County 4-H Program

586 G Street
Crescent City, CA 95531
707-464-4711
cedelnorte@ucdavis.edu
Kaylin Nylander, 4-H Program Rep.
Jaclyn Bennett, Secretary

July - Aug. 2022

Countywide 4-H BBQ Florence Keller Park July 7th 1:00 p.m. - on



Come and enjoy food, friends and fun. Please come and join us on Tuesday, July 9th for a Countywide 4-H BBQ at Florence Keller Park. If your last name starts with A-M, please bring a side dish. If your last name starts with N-Z, please bring a dessert. There will be food, games and other activities to enjoy. If you have any questions, please call the 4-H office at 707-464-4711.

Upcoming Events

July 4 th	Office closed - Holiday
July 4 th	4 th of July Parade
July 7 th	Countywide BBQ
July 25 th - 29 th	Office closed
July 16 th	Fair Entries due for Livestock
July 23 rd	Fair Entries due for all other projects
July 29 th	End of the year financial forms due
Aug. 4 st - Aug. 5 nd	Office closed - at the Fair
Aug. 19 th	Record Books due to your Community Club Leader
Aug. 20 th	Council meeting/Record Book judging
Sept. 16 th	Achievement Night
Oct. 6-12 th	National 4-H Week
Oct. 8 th	Enrollment/Science Night
Nov. 8-10 th	Volunteer Retreat

Make the Best of Your Fair Experience

- ◆ During all competitions be aware that you are representing yourself, your leader, your family and your 4-H club.
- ◆ Remember that the rules for competition are written to keep them fair. Read and understand the rules and ask questions if you need clarification. Thank your leader and the judge for helping you learn and keep your experience positive no matter what the results.
- ◆ Be courteous to spectators, parents, fellow 4-H members and judges.
- ◆ Be helpful and pitch in when there is a need. An extra hand is always appreciated.
- ◆ Parents can help their children practice ahead of time, and then watch them do their best without making distracting comments from outside the ring. Let your children ear their awards by themselves. Cheer on their efforts and be proud of whatever results they achieve.
- ◆ Enjoy the fair and all the wonderful experiences it holds. Savor the memories and be grateful you are a part of an organization that proves you with these opportunities.



Record Books DUE!!

August 19th 2022 To your Community Club Leaders

Del Norte 4-H Community Club:

Jacki Bennett	954-8189
Wild River: Jan Holiman	487-0398
Elk Valley Swine: Don Steinruck	487-2100





Del Norte County Fair

August 4 - August 7, 2022



4-H Division	Entry Forms Due	Entries Received On	Receiving Times
Decorated Cakes	July 23 rd	Wed. Aug. 3 rd	8:00 a.m. to 8:00 p.m.
Arts & Crafts	July 23 rd	Sat. July 30 th & Sun. July 31 st	10:00 a.m. to 6:00 p.m.
Clothing & Textiles	July 23 rd	Sat. July 30 th & Sun. July 31 st	10:00 a.m. to 6:00 p.m.
Baked Foods & Candy	July 23 rd	Wed. Aug. 3 rd	8:00 a.m. to 8:00 p.m.
Food Preservation	July 23 rd	Sat. July 30 th & Sun. July 31 st	10:00 a.m. to 6:00 p.m.
Home Furnishings	July 23 rd	Sat. July 30 th & Sun. July 31 st	10:00 a.m. to 6:00 p.m.
Photography	July 23 rd	Sat. July 30 th & Sun. July 31 st	10:00 a.m. to 6:00 p.m.
4-H Other Non-Animal Projects except Plants and Vegetables	July 23 rd	Sat. July 30 th & Sun. July 31 st	10:00 a.m. to 6:00 p.m.
4-H Other Non-Animal Projects Plants and Vegetables	July 23 rd	Wed. Aug. 3 rd	8:00 a.m. to 8:00 p.m.
4-H Livestock - Beef, Swine, Sheep, Goat, Rabbit & Cavy	July 16 th	Wed. Aug. 3 rd	8:00 a.m. (to 8:00 p.m.)
4-H Livestock - Poultry	July 16 th	Wed. Aug. 3 rd	12:00 p.m. to 3:00 p.m.
4-H Showmanship	July 16 th	See Premium Book for Show Schedule	

TEN COMMANDMENTS FOR PARENTS OF YOUNGSTERS SHOWING LIVESTOCK

1. Thou shalt not feed, train or care for the animal for thou art trying to teach thy child responsibility.
2. Thou shalt forgive a child for making mistakes in show ring for thou has made mistakes too!
3. Thou shalt not get mad when thy child forgets items in the show box, for one day thou may forget the show box.
4. Thou shalt help the show manager for they are doing a job that thou would not want to do.
5. Thou shalt see that thy child is on time for all Show activities for thou would not want to wait on another.
6. Thou shalt make sure thy child has animals entered and registration papers in order by the designated time.
7. Thou shalt teach the child that winning a blue ribbon is a desirable goal, but making friends along the way is a more worthy goal.
8. Thou shalt not complain about the judge for it is his/her opinion that has been sought.
9. **Thou shalt remember that livestock projects are teaching projects, not necessarily money making projects.**
10. Thou shalt remember that the livestock project is a family project that shall be enjoyed and supported by the entire family.

When representing 4-H at an event or at Fair, if you choose to wear the 4-H "Uniform", please remember to wear your 4-H apparel with pride. This includes keeping your shirt tucked in, wearing a belt, and wearing a white shirt having a collar, sleeves, and which buttons down the front. T-shirts are not appropriate to wear as part of your "whites". You do want to look neat and well turned out when representing 4-H. Please contact the 4-H office or your club leader if

Project Leaders Needed for 2022-23

Parents, grandparents, to friends, would you like to be a mentor to our 4-H youth in a particular project? We are looking for 4-H project volunteer leaders for the upcoming 4-H program year which begins October 1, 2022 through September 30, 2023.

We are looking for leaders in the project areas of fishing, biking, sewing, robotics, wildlife, welding, rabbits, woodworking or any other specialty project. The 4-H office has curriculum for project leaders to use, and will hold training workshops. All new leaders must be fingerprinted and go through orientation. If you are interested please contact the 4-H office at 707-464-4711.

Appropriate 4-H Parent Participation

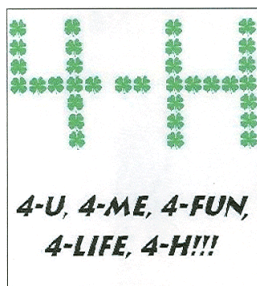
Parents are welcome and appreciated at 4-H events and fairs! Below are a few guidelines for proper 4-H parent participation:

At competitive 4-H events, parents are to respect youth ownership of projects and allow their child to complete his/her own project.

Parents are to provide encouragement and support, allowing their child to experience the process of 4-H, no matter the outcome.

Parents are to encourage their child to do their best, not to be better than someone else.

Parents can be proactive in their child's 4-H experience while being respectful of youth and adult.



4-H HAT ETIQUETTE

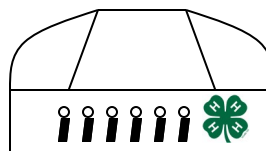
1. Official Green 4-H hat for all youth. Youth who are currently senior level members may continue to use their white hat for the remainder of their 4-H career or senior members may convert to the green hat if they choose.
2. The star of highest rank (bronze, silver, gold, all-star) is worn on the left front.
3. The Hi 4-H emblem is worn behind the star if you are a Hi 4-H member.
4. Wear the junior/teen leader emblem as long as you are a junior/teen leader. If you drop the project, you remove the emblem but leave on the gold junior/teen leader service stripes which you earned. This emblem is worn behind the Hi 4-H emblem or behind the star.
5. Wear county medals (national award medals, judging medals, demonstration medals, guide dog medals, etc.) on the left rear side. DO NOT wear celluloid pins, ribbons, convention badges or other similar regalia on you cap. Keep these in a scrapbook.

FOR GIRLS: Regard the 4-H cap as another hat that a girl might wear. It may be worn at club meetings, public gatherings and in church. It is always worn while participating in a 4-H event.

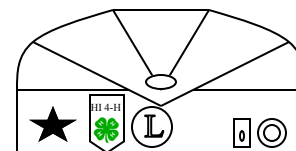
FOR BOYS: The cap should not be worn in church, at meals, or at any other time a hat would not be appropriate. The cap should not be worn at memorial services, indoors or outdoors, unless the boy is serving as a color guard.

Boys serving as color guards wear caps until the flags have been placed, and they have been seated.

In saluting the American flag, the cap is removed and held in the right hand over the heart.



RIGHT SIDE



LEFT SIDE

Del Norte County Fashion Revue "All That Jazz"



The County Fashion Revue will be held on July 31st, at 1:00 p.m. at Debbie White's House. If you are interested in participating in the \$40.00 challenge, please contact Jacki Bennett at 707-464-4711. The \$40.00 Consumer Challenge is where the youth has \$40.00 to spend on an outfit and is judge on how well the outfit is put together and how well the youth stayed within the \$40.00 budget.

The University of California prohibits discrimination against or harassment of any person on the basis of race, color, national origin, religion, sex, physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, citizenship, or status as a covered veteran (special disable veteran, Vietnam-era veteran or any other veteran who served on active duty during a war or in a campaign or expedition of which a campaign badge has been authorized). University policy is intended to be consistent with the provisions of applicable State and Federal laws. Inquiries regarding the University's nondiscrimination policies may be directed to the Affirmative Action/Staff Personnel Services Director, University of California, Agriculture and Natural Resources, 1111 Franklin, 6th Floor, Oakland, CA 94607-5200 (510) 987-0096. those requiring special accommodations to attend any of these events are encouraged to contact the Del Norte County 4-H Extension Office, (707) 464-4711.

4-H Family Newsletter
one per address, please share



Del Norte 4-H Program
586 G Street
Crescent City, CA 95531

4-H Volunteer Leader Appointments

Dorina Espinoza

UC Healthy Families and Communities Advisor

Hello UC 4-H Adult Volunteers,

Another year of the UC 4-H Youth Development Program (YDP) is beginning. This program thrives when a supportive and cooperative relationship exists with UC 4-H YDP youth, adult volunteers, other program stakeholders, and UC 4-H YDP staff. A large part of our success rides on the positive and generous contributions of you, the UC 4-H Adult Volunteer. The UC 4-H YDP could not accomplish its goals, mission, and objectives without you. It is because of great volunteers that we can have such a positive and lasting impact on our youth.

I want you to be aware that I greatly appreciate the investment you make of time and expertise. I take your contributions as a UC 4-H YDP Volunteer seriously and want this to be a positive experience for you and for the 4-H Youth Development Program. As we get to know each other better I hope to learn where the greatest needs are to support you in your UC 4-H YDP Volunteer role.

Adult volunteers are appointed for a one year term and reviewed annually. Annual reappointment is required for an adult volunteer to remain active. The reappointment criteria is listed briefly below and fully in the state 4-H policy manual (<http://4h.ucanr.edu/Administration/Policies/Chapter6>) (please read and review). Only those volunteers adhering to the criteria will be reappointed. Reappointed volunteers will receive a confirmation letter and leader card that states the term of the appointment. Adult volunteers who are not reappointed will be sent a letter indicating that their services are no longer needed.

I look forward to an outstanding 4-H year, receiving your leader enrollment forms and getting to know you better through this reappointment process. Please contact me with any questions or concerns as well as suggestions for "making the best better" as we work together in our UC 4-H YD Program!

Adult Volunteer Appointment and Reappointment Process:

Adult volunteer appointments are valid for one (1) year, with a six month overlap process for reappointments.

Adult Volunteer Application Process for Appointment and Reappointment:

Adult volunteers are independently and personally responsible for annually submitting the 4-H Adult Volunteer Application. The application includes:

- 4-H Adult Volunteer Application Form
- Waiver of Liability
- Adult Volunteer - Confidential Self Disclosure Form
- Adult Volunteer Treatment Authorization and Health History Form
- Adult Volunteer Code of Conduct
- Background Screening Process - Live Scan (required first year)
- UC 4-H Adult Volunteer Orientation (required first year)

Review of Reappointment:

Reappointments are required and reviewed and renewed or denied on an annual basis by the County Director in consultation with UC 4-H YDP staff. Review and renewal is based on:

Completing and submitting the reappointment material.

The adult volunteer's quality of service and previous performance, specifically including demonstration of a supportive and cooperative relationship with UC 4-H YDP youth, adult volunteer peers, clientele, other program stakeholders, and UC 4-H YDP staff; and adherence to the programmatic goals, code of conduct and core values established by the UC 4-H YDP.

County UC 4-H YDP needs.

After reviewing and determining a re-appointment is made, the County Director shall:

Issue an official signed 4-H Volunteer Appointment Cards that states the 1-year term and the responsibilities of the appointment, and

Issue a letter outlining the parameters and limitations of the appointment, to include limitations to UC general and automobile liability insurance coverage and the requirement of having two volunteers/adults present at all times while conducting 4-H activities and events.

Failure to Reapply as an Adult Volunteer (Break in Service):

Adult volunteers who do not annually reapply to continue as an adult volunteer according to the above described requirements will be considered "resigned." In addition, adult volunteers may independently resign from the UC 4-H YDP at any time.

Record Books - Purpose

The California 4-H Youth Development Program has a long history of record-keeping for 4-H members. In early 4-H history, Record Books focused on project profit and loss and other necessities for agricultural work. As 4-H moved from a primarily agricultural focus to encompassing suburban and urban clubs, the Record Book format changed. In the late 80's, the state level Record Book was reformatted to conform to national achievement (which was then eliminated in the early 90's) and the core values of the 4-H Youth Development Program. However, this left the California 4-H YDP with two different Record Book formats—local and state.

The Statewide 4-H Incentives and Recognition Advisory Committee has combined the local Record Book format (Personal Development Report) and the state level Project Competition format into an integrated California 4-H Record Book system. In the 21st century, practices must transform to meet the needs of a changing society: industrial agricultural practices have moved to computerized systems, and record-keeping has become streamlined. In order for the 4-H Record Book process to pilot youth into prepared and engaged partners within their communities, it needs to become modernized, streamlined, and relevant.

The Purpose of Record Books:

4-H Record Books serve a variety of purposes in the California 4-H Youth Development Program. While society has changed, so have the goals of 4-H record-keeping. 4-H Record Books allow 4-H members to reflect on their yearly work completed as well as maintain records of project and club work. 4-H members demonstrate growth and measure achievements across their years in 4-H.

In record-keeping, 4-H members develop the following life skills:

- * Maintaining records of 4-H project and club work and school and community activities.
- * Keeping personal and business records
- * Improving communication with other people
- * Learning time management and organizational skills
- * Learning responsibility and developing goal setting skills

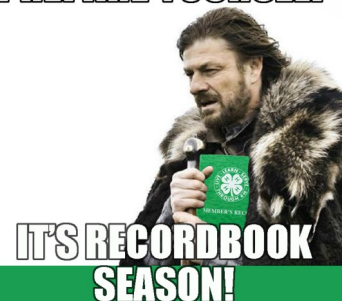
4-H Record Books are an educational component of the 4-H Youth Development Program.

In Del Norte County 4-H YDP -

4-H Annual project forms are required to complete a program year and to receive the year pin and stripe. Members must turn in their Record Books by **August 17th** to their Community Club leaders or the 4-H office by 12:00 p.m. The Community Club leaders and a committee will judge the Record Books on August 21st.

If you have any questions, please contact the 4-H Office at 464-4711.

PREPARE YOURSELF



4-H PDR Activities and Where to Put them For Regular Member PDR

<u>Types of 4-H Participation -</u>	<u>PDR Section</u>
Completed 4-H Project(s) for Year -	1
Club & Project Meetings -	
Gave prepared talk about 4-H activity	6
Gave a demo or illustrated talk	6
Organized holiday party or games	4
On a committee for party/games/refreshments	4
Assisted with club fundraiser	4
Club Meetings -	
Attended	Counts on front of PDR
Club officer	Count once per year
Office Election Speech	4
	6
Project Meetings -	
Attended -add all project meetings together	Counts on front of PDR
Fieldtrips for a project -	Does not go on PDR, only on Project Form
Citizenship/Community Service -	
(Ex. Dinner in a Jar, Port pillows)	3
Chaired a Service activity	4
Attended a Board of Supervisor's meeting	5
Volunteered at a community holiday dinner	5
Donated or wrapped toys or clothing	5
Christmas/Veteran's Day/4th of July Parade -	
Chaired or on committee	4
Participated in parade entry	6
Won a prize for the float	7
Attended parade in 4-H Uniform	3
Riding horse in parade with your project	2
Achievement Night -	
Attended	3
County Gold Medalist	7
MC	6
Chairperson/committee or clean-up	4

4-H PDR Activities and Where to Put them For Regular Member PDR

<u>Types of 4-H Participation -</u>	<u>PDR Section</u>
Committee Chairperson or committee member	4
Wrote 4-H News Articles-either for Headlines or newspaper	6
Soup Supper-	
Attended in Uniform	3
Sold & baked cookies	5
Committee member	4
Solicited or picked up auction items	6
Sold tickets to other people then your family	6
Set-up or clean-up	5
Presentation Day-	
Attended	3
Gold Medalist	7
Committee member	4
Room monitor	4
MC	6
Home Ec Day-	
Attended	3
Best in Show	7
Committee member	4
MC	6
Fashion Revue-	
Chair or committee member	4
Attended	3
County Winner - Gold	7
MC	6
Officer - 4-H Council	4
County Record Book Workshop - Attended	3

Prepared Talks -

Talks must be related to 4-H or project, well-prepared and should be at least 5-7 minutes long. A talk given outside group or a 4-H group must relate to 4-H to count here.