

The GRAM

October 2017 Issue

4-H Activity Calendar

October 1	4-H Lamb BBQ	11:00a-2:00p	Rohner Park Fortuna
October 1	Mindfulness Retreat Registration Deadline	End of Day	Apply Online
October 1	4-H Shooting Sports Nati. Champion App. Deadline	End of Day	Apply Online
October 2-8	National 4-H Week	All Week	Nation Wide
October 4	National Youth Science Day	All Day	Nation Wide
October 4-15	Tractor Supply Company Paper Clover Sales	All Week	Tractor Supply Co.
October 9	EXTENDED AMBASSADOR/INTERN APPLICATIONS	End of Day	UCCE Office
October 12	Ages and Stages Leader Training	5:30p-7:00p	UCCE Office
October 18	New Adult Volunteer Orientation	6:00p-7:30p	UCCE Office
October 23	Youth in Action Awards Application Due	End of Day	Application Online
November 3-5	Mindfulness Retreat	All Day	Camp Ocean Pines
November 5	National 4-H Conference Application Due	End of Day	Apply Online
November 5	State Record Book Competition Evaluator App Due	End of Day	Application Online
November 11	Northcoast Youth Summit Kickoff Event	9:00a-4:00p	UCCE Office
November 16	New Adult Volunteer Orientation	6:00p-7:30p	UCCE Office
November 27	4-H Leadership Committee Meeting	5:30p-6:30p	UCCE Office
November 27	Management Team Meeting: Program Dev Team	6:00p-7:30p	UCCE Office

(local events are in bold)

County Updates

4-H Lamb BBQ

October 1, 11:00a-2:00p

Rohner Park Fortuna

Come and enjoy our 'not just' Lamb BBQ and Dessert Auction! It features pork, lamb, and goat raised by our very own Humboldt 4-H members. Your support benefits Humboldt County 4-H programs and scholarships. See the flyer below for more details.

Tractor Supply Company Fall Paper Clover Sales

October 4-15, 2017

Fortuna Tractor Supply Company

Attention all Humboldt County 4-H clubs! It's Paper Clover Sale season at Tractor Supply Company! October 4th-15th TSC invites all 4-H clubs to hold bake sales, setup a petting zoo and displays for their patrons to see the great work 4-H does in our communities. Last year we made over \$4,500 in donations made directly at check out that helped keep the cost of Summer Camp and Northcoast Youth Summit low. This happened all because clubs and projects signed up for a date to show off their hard work! Call Jeannette Fraga at the Fortuna TSC to sign up for a date to setup over the next couple of weeks. +1 (707) 726-7864



Ages and Stages Leader Training

October 12, 5:30p-7:00p

UCCE Office

Struggling finding a way to connect with youth in your project group? Need some new ideas of how to work with your child? Come to this interactive and informative training to learn about the stages of development for youth in three different stages of their lives 8-11, 12-14, and 15-18. This training provides additional tools, ideas and techniques in working with youth at these different ages. Please RSVP to Thomas Nicholson Stratton tjstratton@ucanr.edu

New Adult Volunteers – Save the Date!

October 18, 5:30p-7:00p

UCCE Office

Hello New Adult Volunteers! Here's your next opportunity to attend Orientation. We look forward to welcoming you and giving you the tools you need to have a successful and fun year with 4-H! RSVP to Jennifer Zink (707) 445-7351 or jlzink@ucanr.edu.

Management Team Meeting: Program Development Team

November 27 6:30p-8:30p

UCCE Office

Facility Use

It is the time of year when we need to fill out forms for use of various facilities. It's a great time to refresh our memories of how we should go about doing this. For more information please see the "How To" page regarding Facility Use Forms at the end of the newsletter.

State Updates

2017 Mindfulness Retreat

November 3 – November 5, 2017

[Registration is now open](#) and the **deadline is October 1st**! Teens ages 13-19 and adults are welcome to spend the weekend at beautiful Camp Ocean Pines developing their health and well being. See the flyer for details.

Young Scholars Program Children of Immigrants Webinar Series

The Foundation for Child Development's Young Scholars Program (YSP) is pleased to invite you to the first in a three-part webinar series on issues related to children of immigrant families/immigrant children. YSP supports policy and practice-relevant research that is focused on the early learning and development needs of the nation's children who are growing up under conditions of economic insecurity and social exclusion. For over 10 years, YSP focused on the early learning and developmental needs of immigrant children/children of immigrants. The goal of this series, presented by former YSP grantees, is to increase awareness of the existing YSP research, what is known, and the implications it has for policy and practice.

Parental Detention and Deportation and the Psychosocial Well-being of Latino Children

Date: Thursday, October 19, 2017 2:00p-3:30p EST

Time: 2:00PM-REGISTER [FOR THE WEBINAR BY OCTOBER 12](#)

(Please note space is limited and upon completion of registration, a confirmation email will be sent providing webinar event details.) **Description:** In light of the current political context, Latino children of immigrants are experiencing the impact of heightened immigration enforcement practices and policies. This webinar will cover the following topics:

- Psychosocial impacts of parental detainment and deportation
- Parallels between mass incarceration and mass deportation outcomes on children
- Research and policy recommendations
- Q&A Discussion

Call for State Record Book Evaluator's Application

Due November 5, 2017

The State 4-H Incentives and Recognition Committee is looking for evaluators for the State Record Book Competition. If you are interested in assisting with the evaluations at the state level please use the link below to the online application. [Apply Here](#)

Winter Technology Meeting

You are invited to spend time with your colleagues in an effort to gain new skills, improve existing skills, and even share your own knowledge and skills in the use of technology to support your programs and your professional work. While this may not be a trip you can make from the distant corners of our wonderful state, our cross-cluster 4-H staff still wanted to make sure all were invited to participate. This will only be available IN Merced as it would be difficult to manage any distant learning methods during this meeting.

What: [Winter Technology Meeting](#)

When: December 12, 2016 from 9 AM until 3 PM (or longer as your time allows)

Where: UCCE Merced 4-H Office (2145 Wardrobe Ave, Merced, CA 95341)

Who: 4-H Staff (Clerical, Program Reps, CES, and others) and Academics as well as any county staff that support your 4-H program

Hosted by: 4-H Cross-Cluster staff from Merced, Madera, Mariposa, Stanislaus, Fresno and San Joaquin Counties

RSVP: [December 8, 2017](#)

Plan on joining us for lunch! We will provide soup, sandwich, salad, etc. for a small fee of \$6 per person (you can pay online using the UC credit card system, cash or check made out to Merced County 4-H). We also encourage you to bring a snack (homemade, specialty, holiday, cultural, traditional, etc.) to share with everyone.

Diamond Clover Award

This is the highest achievement for which a 4-H youth member or young adult volunteer is recognized. All youth members and young adults who achieve the requirements are eligible to receive this award. Awardees receive the California Diamond Clover Pin or Necklace Charm, a certificate and a recognition letter. Applications are accepted year-round. Applications are reviewed by the 4-H Incentives and Recognition Advisory Committee and awarded quarterly. [Click here to discover how you can earn this award.](#)

Marathon Kids

Marathon Kids is offering a discount to our 4-H Project Leaders. This is a super special, one-time offer, and is only good for 4-H clubs who register by November 1, 2017. Here are the [updated registration instructions](#) for folks to follow, reflecting the 50% discount.

Up for a fun challenge? California 4-H is teaming up with [Marathon Kids](#) to help you take your Color Me Green project to the next level this year. The Marathon Kids program aligns perfectly to the goals of 4-H and CMG, and we're confident you won't want to miss out on this opportunity! How does it work? Marathon Kids [clubs](#) set mileage goals, run or walk throughout the season, track their progress and earn exclusive Nike rewards for every milestone they complete. This easily fits into the CMG structure, giving you an extra tool to ensure your participants stick to their physical activity training plan over the course of the project. The best part: the team at Marathon Kids will provide you, the Coach, with all the tools, training and resources you want or need to be successful. They'll even help you customize the program to fit your CMG project's needs.

Sparks Surveys

Help us learn more about what 4-H does for you! We're giving away a \$10 Target gift card to the first 50 youth that complete all their Sparks Surveys in the Online Record Book. Surveys open October 1, 2017 and close January 31, 2018. Gift cards will be mailed to you in early November. Winners will be notified via email in late October. To access the surveys, use this link:

<https://4horb.ucanr.edu/login.cfm>.

National Updates



2018 4-H Youth in Action Awards

The 4-H Youth in Action Awards Program is a premier opportunity for your students to share their stories of how 4-H has changed their lives and how they have, in turn, impacted others.

Through this program, four confident leaders will each receive:

- \$5,000 scholarship
- An all-expense paid trip to Washington, D.C.
- The chance to tell their stories on a national level.

Pillar winners will have the chance to interact with National 4-H Council CEO Jennifer Sirangelo as well as celebrities and other prominent 4-H alumni. Through a formal selection process, one winner will be chosen in each pillar area: Agriculture, Citizenship, Healthy Living and STEM (Science, Technology, Engineering & Mathematics). One of these pillar winners will also be selected as the 2018 4-H Youth in Action National Award Winner. Applications are due October 23, 2017! [Learn more and apply now.](#)

Recognizing 4-H Volunteers

Each year, state 4-H programs nominate two outstanding individual volunteers through the 4-H Salute to Excellence Awards. The Outstanding Lifetime Volunteer Award is given to an individual who has spent 10 or more years as a 4-H volunteer while the Volunteer of the Year Award is given to an individual who has volunteered for 4-H less than 10 years. [Nominate someone for the 2018 4-H Salute to Excellence Awards.](#)



2018 4-H Shooting Sports National Championships

June 24 – 29, 2018

Grand Island, NE

Applications are now being accepted for the 2018 4-H Shooting Sports National Championships in Grand Island, Nebraska. [Applications are due online](#) or at the State 4-H Office by October 1,

2017. The applications and a list of expectations of potential California 4-H members wishing to participate in the event can be found at: <http://4h.ucanr.edu/?calitem=380208>. Additional information regarding the 2018 4-H Shooting Sports National Championships can be found at: http://www.4-hshootingports.org/nat_invite.php.



Leadership Washington Focus

For more than 50 years, thousands of 4-H'ers have participated in our high school program, Citizenship Washington Focus and we are happy to offer its sister program for middle school 4-H'ers, Leadership Washington Focus. The program takes place at our conference center, conveniently located one mile from Washington, D.C.

Students will:

- Build confidence and motivational skills to lead others in meaningful action
- Practice effective inter-personal communication skills through group discussions and public speaking
- Work with others to create and accomplish goals
- Develop a personal leadership style
- Exchange ideas, practice respect, and form friendships with other 4-H'ers from across the nation
- Experience hands-on learning using the historical backdrop of Washington, D.C.

[Sign up your delegation for the 2018 4-H Leadership Washington Focus.](#)

Citizenship Washington Focus

Every summer, high school students from across the country travel to Washington, D.C. to participate in Citizenship Washington Focus (CWF), 4-H's premier leadership and citizenship program for high school students.

CWF is more than a Washington, D.C. field trip – it's an opportunity for 4-H'ers to learn how to be citizen leaders and make a difference in their communities.

Student Will:

- Enjoy a behind-the-scenes look at our nation's capital and the chance to meet members of Congress
- Develop communication, leadership and citizenship skills through hands-on learning and group activities
- Build new and lasting friendships.

[Sign up your delegation for the 2018 4-H Citizenship Washington Focus.](#)

Club and Event Updates

Medieval Festival of Courage



The 15th Annual Medieval Festival of Courage is October 7 & 8! A fun-filled family weekend complete with full contact jousting, horseback archers, petting zoo, pony rides, hay maze, the famed boffing pit, apple pressing, local cider and grog, medieval morsels, and much more. This event is a fundraiser for schools and non-profits and celebrates agricultural traditions. Archery Booth with 4-H. Other 4-H clubs are invited to participate. Visit our website at medievalfestivalofcourage.org. Come and join the fun. Huzzah!

Submitted by Bettina Eipper, Coastal Grove

Hocus Pocus Halloween Show

From Jennifer Roberts, Hocus Pocus 4-H Club Leader:

“Hi, I know this is a distance, but I am attaching a flyer for a small animal 4-H show in Oregon. This is a large show and I have had several families in the past from your county drive up and camp and attend our show. :) This show is held at the Polk County Fairgrounds in Ricreal Oregon, 15 minutes West of Salem Oregon. I am hoping you can send our flyer to all your small animal 4-H leaders. We have rabbits, covies, poultry, doves, pigeons and cats! Lots of fun, great awards and games as well!”

Miranda Community Club Update

Miranda 4-H was shocked to find ourselves awarded Best Club and accepted the award with much thanks. We were not expecting to receive such an award. We must thank those members of our club that made this possible. First, I would like to thank Shana Archbold (Miranda 4-h club’s supervisor) for being a guide for our club and keeping us on our feet as well. Next, I would like to thank Braxton Tucker? for his hard work in creating our secretary's book. Miranda 4-H was also proud to do the flag salute at county awards night and considered it an honor. Our club is very proud to be awarded Best Club and thanks all those that contributed. ~Miranda 4-H Reporter Malachi Church

Freshwater Community Club Update

Freshwater 4-H is off to a great start. We had our first general meeting on September 11th. The executive board did a great job with their positions. This year’s executive board is Jenna Sadler (president), Brody Van Vleck (vice president), Charli Roberts (recording secretary), Caitie Collins (attendance secretary), Maia Morris-Slattery (sergeant at arms), Nia Davies-Hughes (reporter), Seren Davies-Hughes and Lacy Taylor (quartermasters), Corrine Wilson (healthy living), and Brenning Davies-Hughes (recreation). Many new members attended the meeting. We look forward to building relationships with these new faces at our Fall get together and potluck at the Arcata Pool. It is going to be a great year. ~Freshwater 4-H Reporter Nia Davies-Hughes

Arcata Bottom Community Club Update

We would like to congratulate all members who showed and/or sold at the 2017 Humboldt County Fair. I am proud to present the 2017-2018 officers; President, Ella Waterhouse, Vice President, Grace Miller, Secretary, Ellen Freeman, Treasurer, Conner Alto, Reporter, Ally Morris, Sergeant at Arms, Meguire Bartosz, Sergeant at Arms, Caroline Cole, Historian, Jocie Hague, Quartermaster, Emma Sobehrad, Healthy Living, Erika Holman, and last but not least Incentives, Trinity Hamm. Baby week is coming up. Baby week’s chairman is responsible for giving the first baby born during 4-H week, which is October 1-7, a gift basket. This baby will be presented with a quilt square along with the gift basket.

Pastels on the plaza takes place on October 7th at 8:30 am. Each year Arcata Bottom 4-H is presented a square to draw on. During this event, some Arcata bottom 4-H members will create a piece of art to represent our club. This will help our club interact with our community more, so thank you to all the volunteers. ~Arcata Bottom Reporter Ally Morris



New officers:
Jocie Hague (Historian)
Meguire Bartosz and Caroline Cole (Sergeant at Arms).



President: Ella Waterhouse

Ferndale Community Club Update

Greetings from Ferndale 4-H! At our September meeting, we had our Enrollment Night. Each project leader gave a summary of what you will learn in the project. At the meeting, kids of all ages and project groups came to the front and talked about how they did at the Humboldt County Fair. Everyone had a successful Fair. Lisa Russ talked about Lamb BBQ and about the Fieg-Tucker Scholarship that goes to 4-H members who applied. She had a poster that showed all the members who received a scholarship and how much they received. They also had sign ups for different shifts for the BBQ and reminded us to turn in our ticket money. Reagan Langer handed out flyers about baking homemade cupcakes for the BBQ. We are looking forward to our 2017-2018 Ferndale 4-H year. We are off to a good start! ~Ferndale Reporter Sydney Smith

Awards Night Update

Awards night was held September 16, 2017 at the Home Ec Building at Redwood Acres. There was a nice group of attendees and many awards given. Jonathan Archibold and Brody Van Vleck were installed as 2017-18 Ambassadors, and Karen Wagner was honored for her many years of involvement in 4-H. We had a couple great slide shows, one of last years Club projects, and another of 4-H in History. Miranda 4-H was awarded Top Club - Congrats! Air Rifle gave a presentation and awarded their members for participation in the State Shoot. Thank you, Amanda Laursen, Incentives and Recognition



Congratulations to all of the Officers who attend the Countywide Officer Training!

Angel Church
Caitie Collins
Alex Laursen
Jonathan Archibold
Logan Hobbs
Trinity Hamm
Cara Kent
Cody Chapman
Jocie Hague



Jenna Sadler
Meguire Bartosz
Emily Laursen
Malachi Church
Erika Homan
Daphne Hobbs
Sophia Glass
Charlie Roberts
Braxton Tucker

Officers! If you submit a review or suggestions for The GRAM through this link you will receive the prize promised.

www.ucanr.edu/TheGRAMSubmissions