



headlines

Del Norte County 4-H Program

586 G Street
Crescent City, CA 95531
707-464-4711
cedelnorte@ucdavis.edu
Thomas Stratton, 4-H Program Representative

Sept. - Oct. 2016

Achievement Night

Monday, September 19th, 2016

Arts & Crafts Building, Fairgrounds

6:00 p.m.

All members who finished the 4-H year and turned in at least their project report forms will be eligible to receive the 4-H pin and stripe. Awards for presentation proficiency, judging, star awards, outstanding members and medalists will also be give out.

4-H Council asks that families with last names starting with **A-M** bring a bag of chips for taco salad makings (ex. Corn chips) and families with last names starting with **N-Z** bring a dessert. Council will be providing taco salad makings and flavored water.

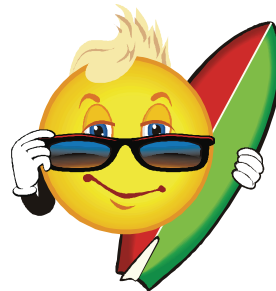
See You There!

Upcoming Events

- | | |
|--|---|
| Sept. 3 rd | Find Your Park Event |
| Sept. 4 th | Surf Camp |
| Sept. 5 th | Office closed-Holiday |
| Sept. 19 th | Achievement Night |
| Oct. 2 nd - 8 th | National 4-H Week |
| Oct. 4 th | Enrollment Night and National 4-H Science Day |
| Oct. 14 th | Christmas Chairperson application due |
| Oct. 18 th | Council meeting, Dining Room |
| November 1 st | Re-Enrollment deadline |

Surf Camp 2016

September 4th
9:00 a.m. to 11:00 a.m.
South Beach, Crescent City



Curry County 4-H is partnering with Del Norte 4-H to provide a surf camp for youth on September 4th from 9:00 a.m. to 11:00 a.m. The cost will be \$10.00 per youth with gear and lessons provided. If you are interested please sign up at "Find Your Park" event on Saturday at Beachfront Park.

Fundraiser for 4-H National Coffee Day September 29th Dutch Bro's

Please support this 4-H fundraiser, \$1.00 of every cup of coffee will be donated to the Del Norte 4-H Program. If you need you caffeine fix please come by and support this fundraiser.



~ 2016 County Fair Awards ~

Breed & Miscellaneous Classes

Best Cavy in Show	Taylor Jones
Supreme Champion Dairy Heifer	Jasmin Tripp
Reserve Supreme Champion Dairy Heifer	Jasmin Tripp
Reserve Supreme Champion Breeding Ewe	Shaelyn Toreson
Reserve Supreme Market Swine	Ronni Natt
Reserve 4-H Champion Market Swine	Ashley Maita
Supreme Champion Pygmy Goat	Maudie Mae Olson
Supreme Champion Nigerian Dwarf	Jamie Good
Supreme Champion Dairy Goat	Jasmin Tripp
Reserve Supreme Dairy Goat	Emma Salas
Supreme Champion Pack Goat	Taylor Jones
Supreme Champion Market Ducks	Vivien Wells
Supreme Champion Laying Hens	Layton Scott
Supreme Champion Market Geese	Donald Magray
Best Large Fowl in Show	Shaelyn Toreson
Reserve Champion Roaster Rabbit	Maudie Mae Olson
Best Rabbit in Show	Denisha Thomas
Best Fur in Show	Denisha Thomas
Best Dog in Show	Taylor Jones
Small Animal Round Robin	Taylor Jones
Large Animal Round Robin	Taylor Jones

4-H Showmanship

Cavy

Jr.	Gold	Donald Magray
	Silver	Courtney Blakely
Champion Cavy Showman		Donald Magray

Dog

Jr.	Gold	Donald Magray
Sr.	Gold	Taylor Jones
Champion Dog Showman		Taylor Jones

Poultry

Jr.	Gold	Layton Scott
	Silver	Donald Magray
	Bronze	Caroline Wollam

Rabbit

Junior	Gold	Maudie Mae Olson
	Silver	Courtney Blakely
	Bronze	Grace Rodriguez
Int.	Gold	McNeely Olson
	Silver	Brinkley Webb
	Bronze	Jacob Gibson
Sr.	Gold	Denisha Thomas
	Silver	Ashlee Hicks
	Bronze	Payton Webb
Champion Rabbit Showman		Denisha Thomas

Sheep

Jr.	Gold	Shaelyn Toreson
	Silver	Courtney Blakely
Sr.	Gold	Taylor Barrington

4-H Showmanship

Dairy Cattle

Jr.	Gold	Jaclyn Daley
	Silver	Bradley Tripp
	Bronze	Emma Salas
Int.	Gold	Jasmin Tripp
	Silver	Candence Salas
	Bronze	Zoe McManus
Champion 4-H Dairy Showman		Jaclyn Daley

Dairy Goat

Jr.	Gold	Emma Salas
Int.	Gold	Jasmin Tripp
	Silver	Zoe McManus
Sr.	Gold	Taylor Jones
Champion 4-H Dairy Goat Showman		Taylor Jones

Pygmy Goat

Jr.	Gold	Maudie Mae Olson
	Silver	Bradley Tripp
	Bronze	Ayden McManus

Swine

Jr.	Gold	Willie Bommelyn
	Silver	Tayln Hodson
	Bronze	Kaydence Owen
Int.	Gold	Harleigh Pearson
	Silver	Ashley Maita
	Bronze	Candence Salas

4-H Awards - Non Animals

Home Ec Sweepstakes - K'Marie Magray
 Arts & Crafts Sweepstakes - Maggie Hielweck
 Photography Sweepstakes - Taylor Jones

4-H Feature Booth:

First-Del Norte 4-H Community Club
 Second - Wild River 4-H Community Club



4-H Shooting Sports Training

The Merced County 4-H shooting Sports training team will be offering a series of project leader and leader trainer classes in rifle, pistol, shotgun, muzzle loading and archery offered from September to December in Central California. All classes will be in a Saturday and Sunday format, 9 a.m. to 4 p.m., at the Safety First Shooting Association, River Oaks Range, 11584 N. Shaffer Rd. Winton 953888, in Merced County. Participants must become a 4-H leader or member and attend both days to receive certification to lead any of the shooting sports disciplines at the project, club and camp levels. The course will include a Power-Point lecture, review of equipment, practice shooting and teaching, and a written test. The cost for each discipline is \$35.00 per person to include a resource binder, with Saturday and Sunday lite breakfast refreshments. Dry camping is available on site as is self-contained RV camping. You are responsible for lunches. The nearest shopping is 15 minutes away. It is recommended to bring lunches each day. You may bring your own firearms and ammunition or archery equipment. However everything will be provided if you want to use their equipment. Junior and teen leaders are invited but must attend with an adult or have a certified shooting adult leader they will be assisting back home.

Complete the registration form at <http://www.ca4h.org/files/2123.pdf>, and mail with a check. For more information call Darlene McIntyre at 209-385-7418 or email her at dmcintyre@ucanr.edu.

PDR Corner

Achievement Night - attended	#3
Achievement Night - presented	#6
Enrollment Night - attended	#3
Enrollment Night - talked with new members	#6
Science Night - participated	#3
Wear 4-H uniform during National 4-H Week	#6



Re-Enrollment Deadline!

If you participated in 4-H last year and would like to continue growing and learning in 4-H, you need to have your enrollment forms and enrollment fee (\$15.00) to your 4-H leader or the 4-H office by 12:00 p.m. on Tuesday, November, 1st. If we do not receive your forms by this date you will be unable to participate and have fun in 4-H this year.

Christmas Chairperson Needed

Would you like to be a chairperson for the 4-H Christmas Party?

If you are interested please stop by or contact the 4-H office for an Event Chairperson application, fill it out and send it back in by October 14th. Interviews will be held on October 18th.

Duties include creating a committee, making or purchasing decorations, purchasing food and drink items, setting up and cleaning up the party and returning decorations to the office.

Questions? Call Jacki at the 4-H Office 707-464-4711

National 4-H Week

October 2 - 8, 2016

Theme for this years National 4-H Week is "4-H Grown". We are asking clubs and projects to promote Del Norte County 4-H Youth Development Program by making and displaying posters throughout town, doing presentations (*in your 4-H uniform*) at local schools or at Back to School Night or service clubs, having displays in local businesses, inviting a friend to a 4-H meeting, wearing your uniform to church or school or have a community service day during the week. Or complete the National 4-H Week Scavenger Hunt.

Life Skills Corner

If you have been in 4-H very long you have probably heard the term "Life Skills". So what does 'life skills' mean to you, and are you learning them? One definition of 'life skills' is "ways of applying information learned to real life situations". Some examples of life skills that you can learn by being in 4-H are:

- Organizing & Goal Setting
- Problem Solving
- Social Skills & Cooperation
- Concern for others
- Self-Motivation & Teamwork
- Leadership & Responsible Citizenship
- Self-responsibility & Character
- Safety & Healthy Lifestyle Choices



Creativity- How do you express your personal creativity in 4-H? Call, write, or email us at the 4-H office how you have been creative in 4-H, and we will share it in the next issue of Headlines.

The University of California prohibits discrimination against or harassment of any person on the basis of race, color, national origin, religion, sex, physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, citizenship, or status as a covered veteran (special disable veteran, Vietnam-era veteran or any other veteran who served on active duty during a war or in a campaign or expedition of which a campaign badge has been authorized). University policy is intended to be consistent with the provisions of applicable State and Federal laws. Inquiries regarding the University's nondis-

Del Norte 4-H Program
586 G Street
Crescent City, CA 95531



4-H Family Newsletter
one per address, please share

FIND YOUR PARK!

Beachfront Park, Crescent City

Saturday September 3rd

Come Together and Celebrate

Time	Event	Location
8 am - 8 pm	Free Park and Ride	Harbor and Fairgrounds
9 am - 2 pm	Crescent City Farmers Market Opens	Beachfront Park Fields
10 am - 11 am	Opening Ceremony & Guest Speakers	Stage / Front Street
10 am - 1 pm	KCRE Live Broadcast	Lithia Big Tent
10:15 am - 12pm	Time Capsule Display	Kidtown Area
10:15 am - 4 pm	Disability Pride Day events	Kidtown Area
10:15 am - 4 pm	Pony Rides	Beachfront Park Fields
10:15 am - 4 pm	Youth Activities	Beachfront Park Fields
10:15 am - 4 pm	Veteran's Services	Stamp's Way
10:15 am - 4 pm	Dog Agility Course and fundraiser	Beachfront Park Fields
10:30 am - 4 pm	Art Show Opens	Cultural Center
10:30 am - 4 pm	StoryCorps Opens	Lithia Big Tent
10:30 am - 4 pm	Park Recreation	Beachfront Park Fields
10:30 am	Junior Ranger Program	Gazebo
11 am - 1 pm	Live Music: Border Coast	Stage / Front Street
11 am - 3 pm	ADA Access Carriage Rides	KidTown Parking Lot
11 am - 4 pm	Bike Rentals and Tours Begin	Marine Mammal Center
11 am - 4 pm	Kayak & SUP instruction and use	Front Beach - West End
11 am	Youth Activities / Family Picnic Games	Beachfront Park Fields
12 pm	Dog Agility and Dog Park Fundraiser	Beachfront Park Fields
12 pm	Time Capsule Ceremony	Kidtown
12 pm - 4pm	Free Recreational Swim	Fred Endert Municipal Pool
12:30 pm	Junior Ranger	Program Gazebo
1 pm - 6pm	Grills Gone Wild	Front Street
1 pm - 3pm	Live Music: Spence Brothers Blues Band	Stage / Front Street
2 pm	Junior Ranger Program	Gazebo
2 pm	E.T. the Extraterrestrial Movie	Cultural Center - Upstairs
3 pm - 6 pm	Live Music: Disturbing the Peace	Stage / Front Street
4 pm	E.T. the Extraterrestrial Movie	Cultural Center - Upstairs
5:30 pm	BBQ Competition Winners Announced	Stage / Front Street

Free park and ride both days
Disabled parking available

#FindYourParkCrescentCity
findyourparkcrescentcity.com

Enrollment Night and Science Night

October 4, 2016
Arts and Crafts Building, Fairgrounds
6:00 p.m.

If you have friends or family that are interested in 4-H please have them come and enroll on October 4th.

All the Community Clubs will be represented and they will have members to talk about their different 4-H projects.

The 2016 National Youth Science Day activity is titled, Drone Discovery where youth explore the engineering design and flight principles of drones. The activities demonstrate how drones and remote sensing can be used to solve real-world problems.



Safely Canning Albacore Tuna

Taken from USDA Complete Guide to Home Canning - Guide 5

Tuna can be canned either precooked or raw. Precooking removes most of the strong-flavored oils. The strong flavor of dark tuna flesh affects the delicate flavor of the white flesh. Many people prefer not to can dark flesh. It may be used as pet food.

Procedure: Keep tuna on ice until ready to can. Remove viscera and wash fish well in cold water. Allow blood to drain from stomach cavity. Place fish belly down on a rack or metal tray in the bottom of a large baking pan. Cut tuna in half crosswise, if necessary. Precook fish by baking at 250° F for 2 1/2 to 4 hours (depending on size) or at 350°F for 1 hour. The fish may also be cooked in a steamer for 2 to 4 hours. If a thermometer is used, cook to a 165° to 175°F internal temperature. Refrigerate cooked fish overnight to firm the meat. Peel off the skin with a knife, removing blood vessels and any discolored flesh. Cut meat away from bones; cut out and discard all bones, fin bases, and dark flesh. Quarter. Cut quarters crosswise into lengths suitable for half-pint or pint jars. Fill into hot jars, pressing down gently to make a solid pack. Tuna may be packed in water or oil, whichever is preferred. Add water or oil to jars, leaving 1-inch headspace. Remove air bubbles and adjust headspace if needed. Add 1/2 teaspoon of salt per half-pint or 1 teaspoon of salt per pint, if desired. Carefully clean the jar rims with a clean, damp paper towel; wipe with a dry paper towel to remove any fish oil. Adjust lids and process.

Recommended process time for Tuna in a dial-gauge pressure canner:

Half-pints	100 minutes	11 lbs.
Pints	100 minutes	11 lbs.

Recommended process time for Tuna in a weighted-gauge pressure canner:

Half-pints	100 minutes	10 lbs.
Pints	100 minutes	10 lbs.

