



headlines

Del Norte County 4-H Program

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May - June 2015

Fieg-Tucker 4-H Scholarship Winners!

Receiving awards this year are:

Connor Smith - \$1500.00

Alec Westbrook - \$1000.00

Great Job Seniors!!!

Upcoming Events

- May 19th 4th of July Chairperson Interview
- May 25th Office closed-Holiday
- May 27th Weigh date for Goat, Lamb and Swine (5 - 6)
- May 30th Weigh date for Goat, Lamb and Swine (12 - 1)
State 4-H Field Day
State Presentation Day
State Fashion Revue
- June 5th Registration due for 4-H Summer Camp
- June 27th Weigh date for Small Stock (12 - 2)
- July 1st Weigh date for Small Stock (5-6)
- July 4th Fourth of July Parade
- July 14th-17th 4-H Summer Camp



Fair Auction Weigh Ins



Goat, Lamb, Swine

Wednesday, May 27th - 5:00 p.m. to 6:00 p.m.

Or

Saturday, May 30th - 12:00 p.m. to 1:00 p.m.

Small Animals (poultry & rabbit)

Wednesday, June 27th - 12:00 p.m. to 2:00

Or

Saturday, July 1st - 5:00 p.m. to 6:00 p.m.



2014 Showmanship Pins

The showmanship pins are in. If you did not receive your showmanship pin at Achievement Night last year, please contact Jacki at the 4-H office.



Rabbits must be tattooed and poultry banded before weighing in.



Journey Through the Jungle!

4-H Summer Camp

July 14th - July 17th

\$80.00 registration fee, Blue Slide Camp

Forms due: June 30th

A fun-filled full 3 days is this year's 4-H Summer Camp! The theme: *Journey Through the Jungle!* Mark your calendars and fill out your registration forms! This year's camp will be at Blue Slide Camp.

Favorites like archery, swimming, crafts, tie-dye, games and campfire will be back with new activities to go with our theme.

Ages 5 and above are welcome to come, those under 9 **MUST** be accompanied by a certified 4-H adult (fingerprinted, enrolled and oriented). This is a great place to invite your non-4-H friends! They will need to enroll in 4-H, but it will be good for the entire next year.

This year registration will be online, available during the month of June. Registration deadline is June 30th.

State Field Day

May 30th, 2015

- ✍ State 4-H Presentation Day
- ✍ State 4-H Fashion Revue
- ✍ State 4-H Film Festival
 - ✍ Logo Contest
 - ✍ Judging Contest
- ✍ 4-H Discussion Meet
- ✍ Plant Science Contest
- ✍ Entomology Contest
- ✍ State 4-H Photography Contest
 - ✍ Interview Contest
 - ✍ My Plate Challenge

www.ca4h.org/Programs/Events/SFD/



Community Service Opportunity

CASA is looking for any of your unused or gently used games, clothes or toys. If you do some Spring cleaning and find some items that you do not use anymore CASA will make sure they are distributed to children in need.

Planning to Submit a Record Book to State Competition?

Be sure to complete an Intent to Submit form to your county UCCE 4-H Office and complete the Record Book Quick Start Course by June 30th.

Suggestions for Successful Still Exhibits

1. **All items**, whether craft or clothing, **will be clean** both inside and out. Mending or other repairs neatly finished. Buttons, hems, seams, zippers, etc., trimmed and secured.
2. **Craft items** need to be clean or polished; any item to be hung requires a secure hanger. Photos and drawings should follow the exact specifications set forth in the Fair Premium. Exhibits that might break (i.e. model car) may be fastened to a base.
3. **Food** exhibits must be freshly made. **Canning** exhibits require two jar lids. Lids need to be tightly secured and natural colored. **Dried foods** need only one exhibit, but have requirements on the number items in the exhibit. **Bakery** exhibits have specific requirements as to number and amount. Follow instructions in the Fair Premium Book. Cover fresh baked goods with clear plastic wrap or place in Ziploc

4-H Easter Egg Hunt

There was beautiful weather the day of the 4-H Easter Egg Hunt on April 4th. About 450 eggs were hidden in a larger area for our 6 and above group and they got quite a while looking for all the eggs. Thanks to G.P.S. members, the prize eggs were strategically hidden throughout the area. The 5 and under group found their eggs quickly and had fun choosing their prizes. Approximately 40 youth scampered about to find the 570 hidden eggs.



Are you interested in being the Chairperson for the 4th of July float?

If you are 12 or older, you are eligible to apply to become the Chairperson for the 4th of July float committee. You will work with your committee to decide on the 4-H float decorations and decorate the float with the help of other 4-Hers who will be participating in the parade.

If you are interested please stop by or contact the 4-H office (707-464-4711) to pick up a event chairperson application. All applications are due on May 15th by 12:00 p.m. to the 4-H office. Interviews will be on May 19th in the Boardroom at the Fairgrounds at 5:15 p.m.



Blackberry Festival Petting Zoo

Are you interested in doing a 4-H Petting Zoo at the Klamath Blackberry Festival in September? The 4-H office has all the supplies needed to set it up, we just need a volunteers to commit to setting up, organizing youth with their animals and tearing down. If you are interested, please call the Jacki at the 4-H office, 464-4711.



Steps of Success in 4-H

What does "member is good standing" mean? And what about "project completion"? The 4-H Policy Advisory Committee (consisting of 4-H members, adult volunteers, and 4-H YDP staff) defined these terms and documented the Steps to Success in 4-H such that there is consistency across the state.

As a state wide program delivered locally, key aspects of the program are standardized while also allowing some local level flexibility. For example, six hours of project instruction is required, but project leaders may require more based on the project and goals. Please review the Steps to Success in 4-H document for more information and not the changes are effective July 1.



County Fashion Revue "La Petite Patisserie"

The County Fashion Revue was held on March 21st, at 1:00 at the Addie Meedom House. There were 8 4-H participants and everyone had a great time. Our Junior, Intermediate and Senior participants modeled in both the traditional and \$40.00 challenge categories, where they showed off their consumer science savvy.

Primary:

Ryleigh Bennett	Participation
Kaydence Thorton	Participation

Junior:

Ayden McManus	Gold
Payton Fry	Gold

Intermediate:

Zoe McManus	Gold
Maggie Heilweck	Gold
Karayna Bocock	Gold

Senior:

Kaliana Throop	Gold
County Winner	

What Make a Good Leader?

- * **Be Well Prepared**—Know leadership takes work as well as practice.
- * **Be Group Minded**—Regard yourself as a part of the group. Say "we" instead of "I". Don't try to run the crowd. Instead, be guided by the crowd's wishes.
- * **Like People**—Be understanding and friendly.
- * **Be Poised**—Don't let irritations bother you.
- * **Have Humility**—Be confident, but not cocky. Don't be afraid to reveal you don't know everything.
- * **Be Responsible**—Live up to your word and duties.
- * **Be Cooperative**—Know how to work with others and enjoy working with them.
- * **Be a Fun-lover**—Enjoy life—the simple things as well as the big.
- * **Have Vision**—Help the persons in your 4-H group to learn and grow through the 4-H activities.
- * **Be Clear**—Be able to express yourself effectively.
- * **Be Proud**—Proud of what you do. Take pride in being a 4-H leader, but earn it.
- * **Be Neat**—Always be neat in dress and personal appearance.
- * **Be Courteous**—The word "please" and "thank you" pay dividends. Use them often.
- * **Think Ahead**—Know 4-H member's opinions and be ready to meet changing situations.
- * **Set Goals**—Make them high, but be sure to reach them.
- * **Take Advice**—But do your own thinking.
- * **Get the Facts**—Analyze them before you draw conclusions.
- * **Do Your Best**—At all times. Plan to make the most effective use of your time.



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Del Norte 4-H Program
586 G Street
Crescent City, CA 95531



4-H Family Newsletter
one per address, please share

“Bucket Calf Project”



Ages: 6 & older

Start Date: June 16th, 2015

End Date: Del Norte County Fair

When: Every Tuesday during the summer

Where: Alexandre Dairy

Time: 5:30 - 6:30 p.m.

Cost: \$15.00 to \$17.50 to cover 4-H enrollment/accident insurance

This project is designed for kids 6 years old and above. Younger children must have an accompanying adult who will work with them (or older sibling) to insure safety. Children will use a calf born in April or May at the Alexandre Dairy. They will learn how to work with a calf, train it to walk with a halter, and learn other aspect of a dairy farm at the meetings. The calves will remain in the care of Alexandre Dairy. The Bucket Calf Dairy Show is Saturday, August 8th at the Del Norte County Fairgrounds.

This is a true “hands on” learning experience. Parents need to be prepared to help their child work with their baby calf and get dirty. The calves can be frisky at this age, so please wear appropriate footwear (no flip flops or sandals). Kids and parents are welcome (and encouraged) to come to the dairy at anytime to work with their calf after the first meeting. It is recommended to come early to the meetings to catch your calf and have it ready to go.

Any questions call, JoAnn at 465-4330. Sign up and choose your calf at the first meeting on Tuesday, June 16th at 5:30 p.m.



Understanding the PDR - Part 1

By **Codie Hart, 4-H Leader**

Over more than two decades as a 4-H Leader, I've held all of the jobs an adult can hold in the organization. Over that same two decades, the most common complaint I've heard (usually from adults) is "Why is the PDR so difficult/complicated?"

There are several good and valid reasons that the report looks the way it does. Once you understand the form - AND the reasons for it - it's not nearly as difficult as it seems. I should also say that youth members don't complain nearly as much as adults do about the form. I think that's because they innately understand the purpose(s) better.

First, let's remember what PDR means. It's a Personal DEVELOPMENT Report. It's designed to show the youth, who is filling it out, how much THEY have grown in the last 4-H year, and for most youth, that's a complicated process to document. NO youth organization helps young people become better-rounded, more skillful, more confident, and better educated than 4-H does. The PDR helps young people see how far they have come in ALL areas of their lives. It's kind of a diary on steroids!

Now, as to the form, let's tackle it page by page. On page one, the top box is pretty self-explanatory, but you'd be surprised how many young people don't fill it out completely. It's designed to show whose book this is, and capture information that will be fun for a young person to look back on one day. That picture box is especially important - for much the same reason that school year-books are important. Take a GOOD look at the next box down. It's shocking how many PDRs get turned in without that all important "4-H Story". There is no form for it. It's a freehand story written by the youth designed to capture everything they loved (and hated), happiness and disappointments about the 4-H year. These stories will be priceless to these young people in a few years. Make sure they get done, and that the member writes it themselves. The story needs to be neat and legible. As a rule of thumb, a half page to a page for every year the member has been in 4-H. I've seen many good stories that were longer or shorter, but this works as a general rule. After years of reading and approving Record Books, I can tell you that those of us who do that REALLY look forward to these stories. They're the best part of the PDR.

The 4-H office or Del Norte 4-H web-site have all the forms necessary to do a complete PDR (that'll be handy next year, when you can't find a copy of the PDR!!!). The next box is for CLUB meetings only. These are the meetings the member attends each month to do 4-H business. It has nothing to do with the member's project meetings. Clubs have six to ten meetings a year, often October through September. In order to make a "Star Rank" (more about that in the next 4-H Spirit), a member would have to attend 80% of the club meetings. The signature block is important. It shows that ALL of the folks involved in this member's 4-H growth have seen the book!

PDR Corner

Presentation Day

Attended

Presentation Given

Medalist

Committee

Room Monitor

Easter Egg Hunt

Attended

Section 3

Section 6

Section 7

Section 4

Section 6

Section 3

Fashion Revue

Attended

County Winner

Committee

Community Service

Section 3

Section 7

Section 4

Section 5

Understanding the PDR - Part 2

By Codie Hart, 4-H Leader

OK, to Star Ranks: 4-H issues felt stars of different colors for members to wear on their 4-H hats. The color of the star is indicative of the degree of 4-H experience a given member has. For the moment, let's skip the top box (what comes next will explain that box), and take a look at the grid in the middle box. It has eight functional lines, and eight functional columns. The first column (Categories of Participation) has eight numbered boxes. These boxes correspond to the next four pages of the PDR. For instance, box number one is labeled "4-H Projects Completed". If you take a quick peek at the next page, you'll see a big box at the top with the same label. The Star Ranking sheet is a running total for the eight categories listed in the rest of the PDR.

OK, back to the Star Ranking page. The next three columns cover the totals for each of the categories for three different periods of the member's career. Let's call these columns one, two and three for now. If this is the member's first year, column one will be all zeros (never leave blanks on a PDR - for zeros, enter zeros, and for data that does not apply, enter N/A). If this is NOT the member's first year, then the numbers that are in last year's PDR for column three will go in this year's column one. Column two is a total of THIS past year's accomplishments (we'll cover what constitutes an "accomplishment" in a few minutes). To arrive at the totals for column three, just add columns one and two on each line.

The next four columns correspond to the four colors of stars (or levels of 4-H experience) that are available to members. To give a VERY ROUGH idea of timeline, it usually takes a member about two years to reach Bronze, and a year or two between Bronze and Silver and Silver and Gold. It may take two to four additional years to achieve Platinum. Many members do it in less time, and for just as many it takes a bit longer. All of these columns work the same way, so let's take a look at the Bronze column. At the top of the column, it says "Bronze 5 Required". What this rather cryptic note means is that of the eight numbered categories, five categories must be satisfied in the Bronze column to achieve Bronze Star Rank. If you take a look at line/category #1 "4-H Projects Completed", and follow it across the Bronze column you will see the number "2". This means that in order to be in contention for a Bronze Star, the members must have a number 2 or greater in the Total All Years column on line #1. The member must have completed at least two 4-H Projects.

In the Bronze column, you see an asterisk (*) next the number 2. This symbol means that this category **MUST** be satisfied to achieve the Bronze Star. As we discussed a moment ago, the member only needs five of the eight categories, but any category that has an asterisk **MUST** be one of the five. For a Bronze Star, a member **MUST** have completed two projects. There is another required category for Bronze Star. It is category six; "Communication Skills". Let's take a look at line six in the Bronze column. This line is bifurcated (split into two pieces). The top number is the TOTAL required for the Bronze Star. The bottom number means that of the total twelve, 4 HAVW to be in the form of approved 4-H Presentations! There are LOTS of opportunities during the 4-H year to do these Presentations. For more help on how and where to do these Presentations, talk to your Community Club Leader. In a bifurcated line like this, the TOTAL the member needs is the top number. The bottom number is a sub-set (or a part) of the total.

Once the two required categories are satisfied, the member may use any three of the other categories to satisfy the Bronze Star requirement. As you can see, the requirements get more stringent as the member graduates from one color star to the next. A member may use all of their Bronze Star credit to apply to the Silver Star, and so on. The experience is cumulative, and each Star Rank is based on the Total All Years column for that particular year.

The last box on this page is for the current Star Rank, and for the member to indicate if they would like to be considered for the next Star Rank. All requirements in the appropriate column must be met to achieve the next rank. The Community Club Leader will either approve or disapprove the rank advancement based upon the achievements in the appropriate column.

Leader Tips for a Successful and Educational Project

1. Plan a minimum of six meetings with a minimum of 6 hours of instruction for your projects.
2. Give members an opportunity to LEARN AND DO.
3. Share project goals at the beginning of the project year.
4. Encourage members to set personal goals in the project.
5. Enable members to demonstrate something they have learned in the project. A demonstration is required to complete projects.
6. Provide opportunities for members to present talks, demonstrations, judge at events, tour, go on field trips.
7. Provide exposure to the community through consumer and career education.
8. Provide opportunities for leadership.
9. Provide opportunities for citizenship and community service.
10. Make or do something together as a group.
11. Encourage members to work at home between meetings.
12. Ensure that project records are kept up-to-date.
13. Use 4-H Curriculum and give materials to members to keep in a folder.

The 4-H Creed

I believe in 4-H work for the opportunity it will give me to become a useful citizen.

I believe in the training of my head for the power it will give me to think, plan, and reason.

I believe in the training of my heart for the nobleness it will give me to become kind, sympathetic, and true.

I believe in the training of my hands for the ability it will give me to become helpful, useful, and skillful.

I believe in the training of my health for the strength it will give me to enjoy life, to resist disease, and to work efficiently.

I believe in my country, my state, and my community and in my responsibility for their development. In all these things I believe, and I am willing to dedicate my efforts to their fulfillment.

