



headlines

Del Norte County 4-H Program

586 G Street
Crescent City, CA 95531
707-464-4711
cedelnorte@ucdavis.edu
Dorina Espinoza, 4-H Program Advisor
Jaclyn Bennett, Secretary

Sept. - Oct. 2014

Achievement Night

Monday, September 15th, 2014

Arts & Crafts Building, Fairgrounds

6:00 p.m.

All members who finished the 4-H year and turned in at least their project report forms will be eligible to receive the 4-H pin and stripe. Awards for presentation proficiency, judging, star awards, outstanding members and medalists will also be give out.

4-H Council asks that families with last names starting with **A-M** bring a bag of chips and families with last names starting with **N-Z** bring a dessert. Council will be providing taco salad makings and flavored water.
See You There!

Upcoming Events

- | | |
|-----------------------------|---|
| Sept. 9 th | Soup Supper
Committee Meeting |
| Sept. 11 & 12 th | Office closed |
| Sept. 15 th | Achievement Night |
| Sept. 23 rd | Council Meeting
Boardroom |
| Oct. 4 th | Soup Supper and
Country Auction |
| Oct. 5 - 11 th | National 4-H Week |
| Oct. 8 th | Enrollment Night and
National 4-H Science
Day |
| Oct. 28 th | Council Meeting
Boardroom |



4-H Soup Supper & Country Auction October 4th, 2014

Well as you all know it's almost time for Soup Supper and I would like to remind those of you who volunteered to ask for donations at various businesses to please follow up with that. Time is getting short and we need to get things into the 4-H office to be cataloged and tagged.

Now for the rest of you, don't feel left out, because you can still help. If you know someone with a business, or if you frequent a place that you would feel comfortable asking for donations, then by all means ask. Also if they would become a sponsor instead of donating an item, they are more then welcome to donate money for a sponsorship. The most they can do is say no. We can always find a way to add a last minute donation. Now if some of you 4-H moms or dads like to bake, keep in mind that baked goods always do well at the auction.

The Soup Supper is how Del Norte County 4-H makes money for things like awards, events, trophies, hat pins, insurance, belt buckles, scholarships and other things that make 4-H run smoothly.

If you're unsure of something you'd like to donate, just give Jacki a call at the 4-H office, 464-4711 .

Thank You - 4-H Council

~ 2014 County Fair Awards ~

Breed & Miscellaneous Classes

Best Cavy in Show	Taylor Jones
Reserve Cavy in Show	K'Marie Magray
Reserve Dog in Show	Kaliana Throop
Grand Champion/Champion Jersey	Savanna Alexandre
Reserve Champion Jersey	Ana Machado
Champion Holstein	Taylor Jones
Reserve Champion Holstein	Taylor Jones
Reserve Grand Champion Dairy Cow	Taylor Jones
Champion Breeding Ewe	Alec Westbrook
Reserve Champion Breeding Ewe	Blair Westbrook
Gran Champion Market Lamb	Blair Westbrook
4-H Champion Market Lamb	Blair Westbrook
4-H Reserve Champion Market Lamb	Clair Smith
Grand Champion Market Swine	Simone Margarino
4-H Champion Market Swine	Simone Margarino
Reserve Grand Champion Market Swine	Shelby Horner
4-H Reserve Champion Market Swine	Shelby Horner
Champion 4-H Halter Horse	Denisha Thomas
Best in Show Pygmy Goat	Ana Machado
4-H Champion Market Ducks	K'Marie Magray
Grand Champion Market Ducks	K'Marie Magray
4-H Reserve Champion Market Ducks	Kearstyn Miller
Reserve Grand Champion Market Ducks	Kearstyn Miller
4-H Champion Laying Pen	K'Marie Magray
4-H Reserve Champion Laying Pen	K'Marie Magray
4-H Champion Roaster Chickens	K'Marie Magray
Grand Champion Roaster Chickens	K'Marie Magray
4-H Reserve Champion roaster Chickens	Ana Machado
4-H Champion Fryer Chickens	K'Marie Magray
Grand Champion Fryer Chickens	K'Marie Magray
4-H Reserve Champion Fryer Chickens	K'Marie Magray
Reserve Grand Champion Fryer Chickens	K'Marie Magray
4-H Champion Rabbit Fryer Pen	Ashlee Hicks
Grand Champion Rabbit Fryer Pen	Ashlee Hicks
4-H Reserve Champion Fryer Pen	McNeely Olson
4-H Reserve Champion Fryer Pen	McNeely Olson
4-H Champion Roaster Rabbit	Karayna Boccock
Grand Champion Roaster Rabbit	Karayna Boccock
4-H Reserve Champion Roaster Rabbit	Denisha Thomas
4-H Champion Stewer Rabbit	Brinkley Webb
Grand Champion Stewer Rabbit	Brinkley Webb
4-H Reserve Champion Stewer Rabbit	K'Marie Magray
Reserve Grand Champion Stewer Rabbit	K'Marie Magray
Best Rabbit in Show	Taylor Jones
Reserve Rabbit in Show	Denisha Thomas
Best Fur	Taylor Jones

4-H Showmanship

Cavy		
Int.	Gold	K'Marie Magray
Champion Cavy Showman		K'Marie Magray
Dog		
Int.	Gold	Taylor Jones
	Silver	Kaliana Throop
Champion 4-H Dog Showman		Taylor Jones
Reserve Champion 4-H Dog in Showman		Kaliana Throop
Poultry		
Junior	Gold	Ana Machado
	Silver	Vivien Wells
Int.	Silver	K'Marie Magray
	Bronze	Kearstyn Miller
Champion 4-H Poultry Showman		Ana Machado
Rabbit		
Junior	Gold	Ana Machado
	Silver	Brinkley Webb
	Bronze	McNeely Olson
Int.	Gold	Taylor Jones
	Silver	K'Marie Magray
	Bronze	Ashlee Hicks
Senior	Gold	Denisha Thomas
	Silver	Derrick Hicks
Champion 4-H Rabbit Showman		Taylor Jones
Reserve Champion 4-H Rabbit Showman		K'Marie Magray
Sheep		
Int.	Gold	Shelby Horner
	Silver	Bailey Hartwick
	Bronze	Taylor Barrington
Senior	Gold	Blair Westbrook
	Silver	Alec Westbrook
Champion 4-H Sheep Showman		Blair Westbrook
Reserve Champion 4-H Sheep Showman		Alec Westbrook
Dairy Cattle		
Junior	Gold	McNeely Olson
	Silver	Zoe McManus
	Bronze	Ana Machado
Int.	Gold	Taylor Jones
Senior	Gold	Savanna Alexandre
Champion 4-H Dairy Showman		Taylor Jones
Reserve Champion 4-H Dairy Showman		Savanna Alexandre
Market Goat		
Junior	Gold	Ana Machado
	Silver	McNeely Olson
Champion 4-H Market Goat Showman		Ana Machado
Res. Champion 4-H Market Goat Showman		McNeely Olson
Dairy Goat		
Int.	Gold	Taylor Jones
Champion 4-H Dairy Goat Showman		Taylor Jones
Pack Goat		
Champion Pack Goat		Taylor Jones
Horse		
Senior	Gold	Denisha Thomas
Champion 4-H Horse Showman		Denisha Thomas



4-H Showmanship - Con't

Swine

Junior	Gold	Ashley Maita
	Silver	Simone Margarino
	Bronze	Justin Hartwick
Int.	Gold	Hannah Baldwin
	Silver	Shelby Horner
	Bronze	Danika Scott
Senior	Gold	Zachary Horner
	Silver	Dawson Tweed
	Bronze	Savanna Alexandre
Champion 4-H Swine Showman		Hannah Baldwin
Reserve Champion 4-H Swine Showman		Zachary Horner

4-H Awards - Non Animals

Best Clothing - Kaliana Throop
Best Baked Food - Maggie Heilweck
Best Handcraft - Maggie Heilweck
Best Photo - Taylor Jones
Best Photo Story - K'Marie Magray
Best Needlework - K'Marie Magray
Best Preserved Food - K'Marie Magray
Home Ec Sweepstakes - K'Marie Magray
Arts & Crafts Sweepstakes - Taylor Jones
Photography Sweepstakes - Taylor Jones

4-H Feature Booth:

First-Pine Grove 4-H

PDR Corner

Achievement Night - attended	#3
Achievement Night - presented	#6
Soup Supper - attended	#3
Soup Supper - helped at	#5
Enrollment Night - attended	#3
Enrollment Night - talked with new members	#6
Science Night - participated	#3



Welcome to the new 4-H year!!

Before we get too far into our new UC 4-H program year I would like to acknowledge all the UC 4-H Adult Volunteers. Thank you all for sharing your expertise, time, dedication, and passion to the UC 4-H program. You are the heart of 4-H and as adult mentors you help our 4-H youth succeed and thrive!

And now an update:

I am sorry to share that we still do not have someone hired for the UC 4-H Program Representative for Humboldt and Del Norte Counties, the position formerly held by Sandy Sathrum. We thought we had secured someone for the position but things did not work out for us.

In the very near future I hope to introduce and welcome our new UC 4-H Program Representative but until then, I and the UC Cooperative Extension staff will continue to support the Del Norte County 4-H program!

Dorina M Espinoza - Youth, Families and Communities Advisor

National 4-H Week

October 5 - 11, 2014

This is a great chance for your club to recruit new members and inform the public about 4-H opportunities. Be creative; the opportunities are limitless. Create window displays for local businesses, hang posters at your schools, have members create radio public service announcements, or visit classrooms for individual presentations. Don't forget to have signs showing locations, times and contact information for 4-H meetings in your area. Each club must show that they have an open enrollment for everyone in the community. Please use this opportunity to reach out to all youth in your area.

Focus On 4-H Policy

Beyond Physical Safety

By Shannon Dogan, 4-H Healthy Living Advisory Committee

Creating a safe environment for young people is critical to their healthy development. They need to feel physically safe and protected from harm. They must also feel that their peers and adults support, accept, and value them. Feeling emotionally safe allows young people to feel that they can express themselves, take on new challenges and make mistakes without judgment, and a greater connection with the group.

In 4-H, much attention is paid to making sure programs are physically safe, and there are several policies and resources to help you create physically safe environments (Chapter 11). Emotional safety is just as important, though often we don't express the same amount of consideration. To help create emotional safety, the 4-H Code of Conduct outlines behavioral guidelines and expectations for youth members, adult volunteers, and parents/guardians. For example, comments and slurs intended to hurt others, exclusion, and angry, hostile, or other negative behaviors are a violation of the code of conduct.

So, whether you are a youth or adult, next time you are a meeting or event, think about how you can help foster healthy, positive development by creating an emotionally safe and supportive environment.

The University of California prohibits discrimination against or harassment of any person on the basis of race, color, national origin, religion, sex, physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, citizenship, or status as a covered veteran (special disable veteran, Vietnam-era veteran or any other veteran who served on active duty during a war or in a campaign or expedition of which a campaign badge has been authorized). University policy is intended to be consistent with the provisions of applicable State and Federal laws. Inquiries regarding the University's nondiscrimination policies may be directed to the Affirmative Action/Staff Personnel Services Director, University of California, Agriculture and Natural Resources, 1111 Franklin, 6th Floor, Oakland, CA 94607-5200 (510) 987-0096. Those requiring special accommodations to attend any of these events are encouraged to contact the Del Norte County 4-H Extension Office, (707) 464-4711.

**Del Norte 4-H Program
586 G Street
Crescent City, CA 95531**



4-H Family Newsletter
one per address, please share

Soup Supper & Country Auction

Saturday, October 4th

This is the only county wide fundraising event. The money raised helps support county wide events, awards, citizenship travel, office expenses and scholarships.

4-H families can help support this important event by:

- ∞ Purchasing tickets to the event
- ∞ Selling tickets to the event
- ∞ Donating items for the country auction
- ∞ Helping at the event
- ∞ Bringing food items for the Supper



Please call the 4-H office (707-464-4711) for Soup Supper Committee Meeting times.

All 4-H parents, volunteers and youth interested in helping are invited to attend.

Basic Needs for People in Groups For Leaders and Officers to Keep in Mind

Leader! If you want my loyalty, interest, and best efforts as a group member, you must take into about the fact that

1. I need a SENSE OF BELONGING
 - A. A feeling that no one objects to my presence.
 - B. A feeling that I am sincerely welcome.
 - C. A feeling that I am honestly needed for my total self, not just for my hands, my money, etc.
2. I need to have a SHARE IN PLANNING THE GROUP GOALS, my need will be satisfied only when I feel that my ideas have had a fair hearing.
- 3 I need to feel that the GOALS ARE WITHIN REACH and they make sense to ME.
4. I need to feel that what I'm doing contributes to HUMAN WELFARE-that its value extends beyond the group itself.
5. I need to share in MAKING THE RULES OF THE GROUP - the rules by which together we shall live and work toward our goals.
6. I need to know in some clear detail just WHAT IS EXPECTED of me so that I can work confidently.
7. I need to have RESPONSIBILITIES THAT CHALLENGE, that are within range of my abilities, and that contribute toward reaching our goals.
8. I need to SEE that PROGRESS is being made toward the goal WE have set.
9. I need to be KEPT INFORMED. What I'm not up on, I may be down on.
10. I need to have CONFIDENCE IN OUR LEADER - Confidence based upon assurance of consistent fair treatment, of recognition when it is due, and trust that loyalty will bring increased security.

In brief - the situations in which I may find myself as a member must MAKE SENSE to me regardless of how much sense it makes to the leader.

ADULT/YOUTH PARTNERSHIP = TEAMWORK



Enrollment Night and Science Night

October 8, 2014

Arts and Crafts Building, Fairgrounds

6:00 p.m.

If you have friends or family that are interested in 4-H please have them come and enroll on October 8th.

All the Community Clubs will be represented and they will have members to talk about their different projects.

The 2014 National Youth Science Day activity is titled, Rockets to the Rescue where youth will be tasked with the mission: design and build an AERODYNAMIC food transportation device that can deliver a payload of nutritious food to disaster victims. Youth will learn ENGINEERING concepts, develop MATH skills, learn about NUTRITION and help SOLVE a relevant, global issue. The focus of 4-H NYSD is to encourage youth to encourage participation in support of 4-H programs.



Cultivating and Recruiting Volunteers

By Marianne Bird

When I hear 4-H leader say they're discouraged (as I sometimes do), often they express a struggle to get help in their clubs or projects. At the root of their disheartened spirit is feeling as though they're alone in doing a big job. This may lead to feeling unappreciated and, most certainly, tired. Where is help when you need it?

Everyone is busy these days, and time is a treasured and protected commodity. Yet in my years of working with volunteers, I find that most people are willing to help if they know what needs to be done, if they feel that they can do it, and if they are asked. Help doesn't just arrive because we need it; it's cultivated. Here are some pointers to foster involvement.

Know what you need: In being specific and clear about the job to be done, people know what is expected and can better judge if it's something they can help with. If you need a driver for a field trip next Saturday from 1:00 to 4:00, say so. For larger jobs, create a short written description describing the tasks to be done, the skills required, and the approximate time it will take. The more specific you are in describing the job, the better equipped you are to recruit.

Build a sense of community in your group: Our most successful clubs and projects enjoy a sense of connection. Visit with and learn about the adults in your group - their interests, time constraints, skills, and what they enjoy. Not everyone can give the same thing, and knowing folks makes it easier to ask them to volunteer. It also makes it easier for them to accept the invitation to help.

Identify who would be best for the task: It's easy to fall into the "warm body syndrome" . . . the "we need someone, so anyone will do" mindset. The job you're recruiting for is an important one and shouldn't be filled by just anybody. For one thing, they may not be happy in it. For another, they may not do such a good job (and that will mean even more work for you in the end). No, inventory what qualities you're looking for in the person you seek. If you're recruiting an enrollment coordinator, do they need computer skills? Availability at club meetings? Accessibility by phone? Someone detail oriented with good follow through? Then seek someone who fits the bill!

Ask: By this, I don't mean to stand in front of the group and say, "We need someone to coordinate our club service project. Please see me afterwards if you're interested." Once you've identified who would be best in the job, speak to them personally. Tell them what you're seeking, and *why* you're asking them. They need to know the reason you think they're the right person to fill the role. Then give them time to consider.

Remember to thank: this goes without saying and is easy to do with notes and calls and public acknowledgement.

Making a good match with volunteers and the tasks at hand is the key to finding the help you need. Fitting the right person in the job means the work will be done well and they will be happy.

