



**UC Cooperative Extension
Humboldt County
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4-H Program Representative**



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**Presentation Day
February 10, 2013**

CALENDAR OF EVENTS (Local Events in **Bold**)

Feb 2, 2013	Chico Swine Day		Chico
Feb 9 & 10, 2013	HPFA Poultry Show (p5)	Sat & Sun	Humboldt Co Fairgrounds
Feb 9, 2013	Ag Dairy Day (p8)	7:45 am	Redwood Acres
Feb 9, 2013	Chico Sheep and Goat Day		Chico
Feb 10, 2013	Presentation Day (p4)	1:00 pm	Eureka High
Feb 15, 2013	Honey Bee Essay Due (p8)		
Mar 1-2, 2013	UC Davis CA&ES Field Day (p8)		UC Davis
Mar 1, 2013	Fieg-Tucker Scholarship Due (p4)	5:00 pm	4-H Office
Mar 2, 2013	Video Production Workshop	1:00-5:00 pm	Red Bluff
Mar 9, 2013	Video Production Workshop	1:00-5:00 pm	Ukiah
Mar 16, 2013	Northcoast Youth Summit (p4)	8:30 am	College of the Redwoods
Mar 23, 2013	Pygmy Goat Day (p8)	10:00 am	Red Bluff
Mar 24, 2013	4-H Horse Show		Humboldt Co Fairgrounds
Mar 25, 2013	County 4-H Leaders Council Meeting	6:30 pm	Ag Center
Apr 13, 2013	Sectional Presentation Day		Lake County
May 20, 2013	County 4-H Leaders Council Meeting	6:30 pm	Ag Center
May 25, 2013	State 4-H Field Day (p8)	8:00 am—6:00 pm	UC Davis
July 25-28, 2013	4-H State Leadership Conference (p8)		UC Davis

See pg 2 for State 4-H updates of event and funding dates and deadlines

State 4-H Updates!



EVENTS:

- 4-H Honey Bee Essay Contest**
 For 4-H members, **due February 15, 2013**
 2013 Topic: "Reducing the Usage of Bee-Killing Pesticides in My Community." <http://www.ca4h.org/files/156350.pdf>
 The Foundation for the Preservation of Honey Bees, Inc. sponsors this essay contest for 4-H members. 1st place national winner receives \$750, 2nd place \$500 and 3rd place \$250. Each state will select a winner and then a national winner will be selected from the pool of state winners.
- The University of California, Davis College of Agricultural and Environmental Sciences will hold its **37th Annual Agricultural and Environmental Sciences Field Day on March 1st and 2nd**. The UC Davis CA&ES Field Day is the 2013 California 4-H State Qualifier for Poultry, Dairy and Livestock judging. Visit <http://www.ca4h.org/Projects/SET/Animal/SLJC/> for state qualifying guidelines. To register, go to: <http://calaged.csuchico.edu/registration/>
- Shooting Sports Project Leader Course Rifle Discipline** – Pajaro Valley Rod & Gun Club - 557 ½ Lakeview Road, Watsonville, CA **Saturday, March 9, 2013 – 8:30 a.m. – 5:00 p.m. and Sunday, March 10, 2013 – 8:30 a.m. – 4:00 p.m.** For more information about the class facility visit this website: www.pajarovalleYRODandGUN.org.
- Shooting Sports Workshop Muzzle Loading Discipline** -5 Dogs Range - Bakersfield, CA **Saturday, March 23, 2013 – 8:00 a.m. – 6:00 p.m. and Sunday, March 24, 2013 – 8:00 a.m. – 4:00 p.m.**
 To get more information or register for the class contact John Borba at: jaborba@ucdavis.edu or telephone 661-868-6216.
- 4-H MyPlate Challenge at 2013 State Field Day**
 In 2011 the U.S. Department of Agriculture (USDA) unveiled the federal government's new food icon, MyPlate, to serve as a reminder to help consumers make healthier food choices. 4-H is challenging YOU to show how you're making YOUR plate MyPlate. We invite you to submit a photograph illustrating how you're creating healthy meals using MyPlate as a guide. 4-H members do not need to pre-qualify at a county event. More details about this contest can be found at: http://www.ca4h.org/Programs/Events/SFD/4-H_MyPlate_Challenge/
- Special Recognition at 2013 State Presentation Day**
 A special recognition pin will be awarded for youth who participate in State Presentation Day and focus their presentations on healthy living. This year's focus area is physical activity. Potential topics may include muscle strengthening, heart rate importance, workout wear, Zumba, activity log, exercise trends, fitness apps, stretching, benefits of exercise, fun ways to work out, 'exergaming', recreational sports, types of activity, making time for fitness, safe places in your community to be active and more. For details visit: http://www.ca4h.org/Programs/Events/SFD/PD/Recognition_Opportunities/
- 4-H State Leadership Conference 2013 – July 25-28, 2013 at UC Davis Celebrating 100 years of California 4-H.** This year's theme: **There's no place like 4-H.** The

4-H State Leadership Conference brings together high school youth from across California in a four-day leadership training, networking, and learning experience. For more information visit: <http://www.ca4h.org/Programs/Conferences/SLC/>

PROGRAMS:

- 4-H Record Book Manual and Forms Updated!**
 When youth intentionally keep up-to-date on their 4-H Record Book, they're learning an important skill that develops competence and confidence. As youth are working on their 4-H Record Books for the 2012-2013 program year, be sure they are using the most current forms. Did you know the Record Book Manual and forms were updated in 2011? And in 2012 an addendum to the manual was written to help give more information regarding the 4-H Online Record Book (ORB).
 Tip: Use 4-H ORB to complete your record book and you will always be guaranteed that you're using the correct forms.
NEW! Youth who plan to submit their 4-H Record Book to State Competition 2013 will be required to complete an online training prior to October 1, 2013. Look for more information on this online training to be released in March 2013. The training will help youth understand what forms to complete, how to complete them and tips on completing a successful book. For the most recent forms, go to <http://www.ca4h.org/Resources/Members/RecordBook/>
- A Guide to Bully Prevention Programs**
 This guide to bully prevention is a resource for youth development professionals from any youth-serving organization. The purpose of this publication is to help youth professionals better understand how to create safe and fully inclusive environments within the organizations they serve. To access the guide visit: <http://www.4-hmall.org/Product/newitems/a-guide-to-bully-prevention-programs/08450.aspx>
- 4-Keeping out of reach – UGA GreenWay**
 From laundry pods to medicines and makeup, poisonous items show up throughout our homes. Keep them out of reach and out of sight from children. Visit: <http://www.youtube.com/watch?v=gQG9m1MPkJQ&list=UUUm9HxQoldnM0uOzR7nONUxg>
- Farm Safety** <http://www.farmsafetyforjustkids.org/>
 Check out the free PDF materials on four safety topics: ATV, chemical, tractor, and livestock safety. Each topic includes background information, lesson plans, activities, a Power Point presentation, and more. The ATV and chemical resources are available for download in both English and Spanish.
- 2013 4-H Film Making Statewide Project, supported by BestBuy.** Register at <http://www.ca4h.org/Projects/SET/Tech/CLT/Film/> For 4-H members (age 13-19), volunteers and staff learn how to produce films. The goal of the 4-H Film Making Project is to enhance technological literacy of 4-H members by helping them learn the basics of film production including storyboarding, filming, and editing. Our goal is to have 4-H members produce films that feature how 4-H is impacting their community (for example, 4-H Revolution of Responsibility projects) and recording 4-H alumni and creating films featuring the "Voices of 4-H History" for the CA 4-H Centennial. The project is coordinated by the 4-H Technology Leadership Team who also lend video equipment kits to counties.



4-H GRAM

FEBRUARY 2013

Humboldt County 4-H Newsletter

4-H is a community of young people across America who are learning leadership, citizenship and life skills.

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MID YEAR STATUS CHECK

By Sandy Sathrum



We are half way into the 4-H Year and it's a good time to check the status of your 4-H experience. Here's an aeronautical rating system to assist you in that process:

SOARING – Everything is working properly, your engine is firing on all cylinders. You are attending club and project meetings, setting and reaching goals, reading your GRAM, attending county events, making friends, doing service projects and having FUN! With all systems go you are having a great year in 4-H! Keep on flying and bring others along!

GLIDING – Your 4-H year started out well but now is losing momentum. It's a good time to check the control panel and see where adjustments might need to be made so that you reach your destination by the end of the year. Ask for help from your local 4-H club leader, project leader and the county office. Seek encouragement and support. Control the direction of your journey.

SPUTTERING ALONG – Your 4-H year is having engine trouble. It's hit and miss for you. Revisit your goals and rev up your engine. It's time to get organized and make your 4-H work a priority. Get a calendar and keep track of opportunities. Ask LOTS of questions. Attend your club and project meetings and county events! You can still have a successful year!

STILL ON THE GROUND – Your engine has stalled. You are sitting on the sidelines and have not gotten involved. You've missed meetings and the information you need to help you connect. Contact your club and project leaders immediately to put your year in a forward gear. Get help! Call the county 4-H Office or consult the website and GRAM to see how you can get moving in the right direction.

Based on this quick status check up, take the appropriate action now!!
Celebrate if you are soaring. All is going well and your 4-H life is on track to reach your destination! Thank your leaders and parents and others who are keeping you airborne.

Seek help! If you need a mid year boost or help getting off the ground, call your club leader or the 4-H office. We can assist you.

Take charge of your flight path and enjoy the journey! Be willing to do your part to diagnose problems and work toward successful solutions! Communication will do a lot to get things back on track.

"Learn by Doing" and have FUN! Make your 4-H experience a huge success!

NORTHCOAST YOUTH SUMMIT

“Illuminate Your Future”

College of the Redwoods
Saturday, March 16th, 2013

Join the 300 youth and adults to register for this incredible event. Don't miss your chance to attend. Register today for the **Northcoast Youth Summit** at **College of the Redwoods** on **March 16th** from **8:45 AM- 4:00 PM**. All High School youth, 7th & 8th graders, and adults who work with youth, in any capacity will get stoked to make change happen! This inspiring and FUN day will include two keynote speakers, 48 workshop choices, a service project, lunch and lots of door prizes. You will meet lots of teens from the North Coast and beyond! For a complete listing of workshops, full registration materials and detailed information check out the www.vsummit.org website, call the 4-H Office at 445-7351 or email ksathrum@ucdavis.edu. Space is limited. Early registration receives preference and a lower price. Sign up by February 15th for the lowest fee and best selection of workshops!

Call your friends and fill the car!

ENROLLMENT UPDATE

Rosters were emailed to all club leaders. Please **thoroughly check your roster** and notify the 4-H Office of any additions or corrections. Make sure all of your project leaders have completed their enrollment. Incomplete enrollment is “inactive until completed and **no 4-H work is allowed until the “active” status is reached**. They are not to be leading any projects or activities until completed. If any changes have been made to project listings they can be added by a phone call.

Enrollment forms from any members or leaders not returning to 4-H this year need to be returned to the 4-H Office. Any adults or youth with incomplete enrollments will be dropped **February 28th**. Please contact the 4-H Office with any questions or changes or to receive an updated roster.

CLUB PIN ORDER

Due March 15, 2013

The State 4-H Pin order requires us to get our order to them early, so club orders must be in the 4-H Office no later than **March 15, 2013**. Please contact the 4-H Office for more information or forms, 445-7351.

FUNDRAISING APPROVAL

A copy of the mid-year “**Fundraising Approval**” form is available on our website or from the 4-H Office. All 4-H fundraising activities using the 4-H name and emblem need prior approval from the County Director **before** they are held. This includes a fund raising project, grants, donations, etc. It applies to all clubs, units, project groups, events, Emerald Star projects and any other funds raised for 4-H.

Fundraising should be limited to the budgeted needs of the group. **The purpose of fundraising in 4-H is to further the educational goals of the 4-H YDP at all levels.** Evaluate how your funds are being used to support the goals. Raising funds with no specific 4-H YDP program or purpose is not allowed.

Additional guidelines for fundraising can be found in the 4-H Treasurer's Manual and the State 4-H Policy Handbook or from the 4-H Office.

PRESENTATION DAY 2013

February 10th, 1-4 PM
Eureka High School

Our 100th Year Presentation Day will be held on **Sunday, February 10th, 2013** at the Eureka High School from 1 - 4pm (see attached Registration Form for deadline). There is a **NEW** Category this year; Mini Presentations for the 8 years and under group! Review the December GRAM for ideas and categories (& the registration form) and plan a club work day to be ready for this great event!!

QUESTIONS can be directed to: humboldt4hfamily@yahoo.com or call Amanda @ 822-4749 or Jed 496-0807.

SCHOLARSHIP APPLICATIONS DUE

The 2013-2014 Fieg-Tucker 4-H Scholarships will be announced at the March County Council Meeting. If you are a high school senior, don't delay. Pick up your application and compete for a share of one of the largest 4-H scholarship opportunities in the country. For the 2012-2013 school year, 23 former 4-H members from Humboldt and Del Norte counties are attending college with the help of \$15,450 in Fieg-Tucker 4-H Memorial Scholarships.

All scholarship applications are due **March 1, 2013**. Be sure you have the current application forms. It is the responsibility of the applicant to see that all recommendations, transcripts, etc. are submitted by the March 1 due date. Incomplete applications will not be considered for awards. Postmarks are not accepted. There will be no exceptions for missing the deadline.

JUNIOR FAIR BOARD

Interested in joining the Junior Fair board for the Redwood Acres “Best of Humboldt Fair”2013 please contact Theresa Laidlaw @tlaidlaw79@gmail.com. Thank you

NOMINATIONS FOR COUNCIL OFFICERS

The nominating committee is looking for youth and adults to fill the offices of the County 4-H Leaders Council. If your club has a teen leader or an adult who you think could serve in this role, please contact the 4-H Office. Council Officers serve a one year term. To have the best representation we need **each club to nominate one** member who could serve. Officer nominees are to be presented at the March Council meeting and elected at the May Council meeting. We have 12 positions to fill. They include President, President-elect, Secretary, Treasurer, (4) At Large Adults and (4) At Large Youth. Job descriptions can be obtained from the 4-H Office.

SHOOTING SPORTS WORKSHOP **MUZZLE LOADING DISCIPLINE**

5 Dogs Range - Bakersfield, CA

Saturday, March 23, 2013 – 8:00 a.m. – 6:00 p.m.

Sunday, March 24, 2013 – 8:00 a.m. – 4:00 p.m.

Upon successful completion of this course, 4-H leaders will be certified in the shooting sports discipline of muzzle loading. They will be certified as leader trainers and are eligible to serve as shooting sports leaders for clubs or counties and they may also instruct and certify shooting sports volunteers. Class size is limited. There is no fee for the course. However, if you wish to receive National Muzzle Loading Rifle Association instructor certification there is a fee of \$40. To get more information or register for the class contact John Borba at: jaborba@ucdavis.edu or telephone 661-868-6216.

SHOOTING SPORTS **PROJECT LEADER COURSE** **RIFLE DISCIPLINE**

Pajaro Valley Rod & Gun Club
557 ½ Lakeview Road
Watsonville, CA

Saturday, March 9, 2013 – 8:30 a.m. – 5:00 p.m.

Sunday, March 10, 2013 – 8:30 a.m. – 4:00 p.m.

Upon successful completion of this course, the participant will be certified as rifle trainer and can lead a rifle project at the club or county level or serve as county trainer to certify project leaders in the shooting sports discipline of rifle. This course is also open to 4-H teen leaders (high school aged youth). For more information, or to register for the class, contact Randy Turnquist at randy@randyt.com or phone 831-566-2590. Please discuss the course fee with the instructor which could be up to \$25 depending on if you wish to print your own course material or have him do it. (Please note that the rifle discipline is not an approved project in Santa Cruz County).

For more information about the class facility visit this website: www.pajarovalleyrodandgun.org



HUMBOLDT COUNTY 4-H **NOW HAS A FACEBOOK PAGE!**

**WON'T YOU SEARCH FOR US
AND "LIKE" US?**

FRIENDS OF THE DUNES INVITES YOU **TO...**

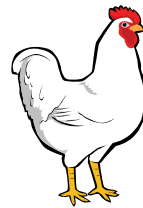
Nature Story Time at the Humboldt Coastal Nature Center on **Saturday, February 2nd, 2-3pm**. The story will focus on local wildlife and will be followed by a simple craft project. Participants are encouraged to come prepared to explore the trails after the story telling to discover for themselves the wildlife that live in the diverse habitats of the dunes.

To explore the intertidal mudflats during the **I Love Mud! A Valentines-inspired bilingual event for kids and their adults** on **Saturday February 9, 3-5 p.m. Arcata Marsh**. Discover the cool creatures that live in the mud, learn about the birds that eat them, and create some mud art! This event is free, but donations are gladly accepted. Wear boots if you have them, and be prepared to get muddy! **Se habla espanol en este evento.**

Please R.S.V.P. by calling us at 707-444-1397.

HPFA POULTRY SHOW

Feb. 9 & 10, 2013



Mark your calendars for the upcoming HPFA Winter Poultry Show – **Saturday and Sunday, February 9 & 10, 2013** which will be held this year at the Humboldt County Fairgrounds in

Ferndale with the banquet at Bear River Casino.

For more information about this show contact the 4-H event chairs: Beth Noel, 768-21779; Makayla Wilson, 768-3024; or William Justesen, 768-2053 or HPFA President: Harry Majors, 496-6350.

THE NATIONAL DIRECTORY **OF 4-H MATERIALS**

Where Staff, Leaders, Volunteers, Teachers and Youth can Find and Order Great 4-H Resources

The National 4-H Directory of Materials is a national database of 4-H materials designed to share national and state 4-H resources with educators, 4-H club leaders, youth and volunteers. This online National 4-H Directory will allow you to share information about your 4-H projects, programs and more. Visit this directory often because new and useful resources get added. The directory is constantly being updated and can be found at www.4-hdirectory.org



4-H FUTURES TASK FORCE

Together we can achieve greater outcomes!



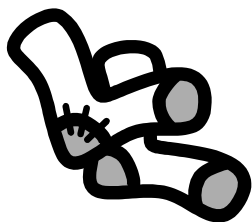
The 4-H Futures Task Force is being formed with a group of 4-H and non-4-H youth and adults to strategize on ways to strengthen the future of our 4-H program by the way we structure ourselves. We are excited to look at new ways to expand our reach in the community, think creatively about meeting the needs of youth growing up in the 21st century, and better engage and empower our community youth and volunteers.

Serving on the Future's Task Force is a short-term commitment of four to five evening meetings from early February to approximately June. Overall, the time would be about 20 hours over the next six months.

The duties of the Future's Task Force include:

- Examine our current county wide UC 4-H program
- Explore what new or expanded UC 4-H program would engage our county and communities
- Develop effective structure and strategies to guide our county UC 4-H program with new vision, goals, and objectives
- Present new structure and strategies to our UC 4-H County Leaders Council for approval and implementation

If you are interested in being a part of the 4-H Futures Task Force or know someone inside or outside 4-H you think would be a great candidate for this team, call the 4-H Office IMMEDIATELY! The team is being finalized and will meet **February 6th**.



WHITE SOCKS FOR BLUE ANGEL A SUCCESS AGAIN

Thank you to everyone who donated to the "White Socks for Blue Angel" drive. This year we collected over

1275 pairs of socks along with numerous pairs of underwear, peanut butter, jam, and clothing. Thank you also to the Ferndale 4-H Community Pride group, and all those businesses, schools, and churches that supported this project. It's amazing that even though we have so many worthwhile causes conducting drives at the same time, people are still willing to donate to help the poor. It shows how fortunate we are to live in such a great community. Thanks again to all those who contributed!

CELEBRATE THE CENTENNIAL!

Preparations for celebrating our 4-H centennial continue moving forward! And your help is needed. Read the list below and let us know what area interests YOU!

Parade coordinator for your club! Cristal Wilson and Wanda Ackley are coordinating county efforts to develop items that can be used in all parades. They need a person from each parade community to plan with them. Vehicles for the entries are also needed.

4-H Welcome signs - Does your community have a sign? Is it in good repair? The Millers and Gary Markegard are working on the county sign.

Humboldt County Fair celebratory event - Planners are need to lead a service project and ice cream social at the fair. This could be an Emerald Star project.

Collecting stories - 4-H past leaders and members are needed to record 30 second sound bites about how 4-H has influenced their lives.

Photos and displays - All clubs need to complete their club backboards. Assist with collecting and compiling historic photos and memorabilia for display at community events. Use your creativity to help make displays.

Call the 4-H Office or email skathrum@ucdavis.edu to join the celebration!

FRESHWATER COATS FOR THE COLD

By Max Toste

Max Toste and Sarah Fields co-chaired a Coats for the Cold drive with Freshwater 4-H. Sarah and I donated over 250 gently used and new coats to Betty Chin. Betty is very appreciative of all the hard work and thoughtfulness that Freshwater 4-H, Sarah, and I put into this community service project. Betty was so happy that she is able to give out more coats to the less fortunate! Betty also said that she was running low on coats to give out, and we really made a difference. She deserves so much gratitude for everything she does. Sarah and I would like to say a BIG thank you to the members of Freshwater 4-H, and all the community members that donated coats to me when I was asking for donations! Our goal was to try to collect 150 coats, and we collected so many more! It is amazing what you can do when you set goal and put the work into it!



Community Club News



News of what is happening in our clubs is inspiring to others. We need ALL club reporters to submit their articles to the 4-H office **by the 15th** of each month so we can include your club news. Photos should be sent as a separate jpeg file. Articles should be no longer than 150 words in length. **Is your club featured in this GRAM?**

CUTTEN 4-H NEWS!

By Sarah Cox, reporter

Making spaghetti for homebound people in January was fun, but we could always use more members getting involved in our new service project. There will be a sign-up sheet to help or bring food donations to the next meeting, **February 12th**. This counts as community service in your record book. You need at least 10 to achieve a bronze star rank. Don't forget to work on your record books as you go, it's much easier! Project leaders should be helping you with project report forms through the year. Hope to see you at our next meeting on the **12th**!

FERNDALE 4-H NEWS

By Jasa Sisemore (Reporter)

Our meeting in January was very successful. First, we found out our club collected 1,240 pairs of socks for Betty Chinn's "White Socks for Blue Angel's" program. Next, Our December Christmas Basket canned goods was donated to The Senior Resource Living in Fortuna. We would also like to announce that we are collecting pet food for the pet food drive which will be donated to Miranda's Rescue. After the meeting was adjourned, we held a talent show. There were comedians, theatrical skits and instrumental talents displayed. Thank you all for donated goods and participation in the talent show.

***Our next meeting will be held on Thursday, **February 14th** @ 7:30 pm....Don't forget to bring your homemade Valentine's cards for the contest!

FORTUNA 4-H NEWS!

By Theron Dale

Hello from Fortuna 4-H! We had a great December this year. Our group met and decorated a wagon with lights for the Fortuna Lighted Parade. We had lots of members bundle up to ride on the wagon in the parade and sing Christmas Carols. After the parade we all got together for a fun party and played a game of pirate bingo and ate pizza. The swine group got together this month to sing at a local senior care home. We are excited for the new year and to start our animal projects soon.



FRESHWATER CLUB NEWS

By Kacy Tuel

At our last meeting we had fun decorating Valentine Cards. We will deliver them to the local rest homes on Valentine's Day. Anyone interested in helping to deliver them, please email brendatuel@gmail.com. It is a great community service and the people at the rest homes love having visitors. We will be cleaning up at 3-Corners in Freshwater on **Jan 26th**. Our projects groups are off to a great start. Our next meeting will be on Monday **Feb 11th**.

KEY ASSETS IN 4-H YOUTH DEVELOPMENT

Building Supportive Relationships

As was shared last month, current research indicates that there are five youth development practices or supports and opportunities that young people should experience in all major settings in which they spend time, including 4-H.

These five supports and opportunities include: 1) safety; 2) supportive relationships; 3) meaningful youth participation; 4) community involvement; and 5) skill building activities.

This month we will focus on relationship building. Relationship building is the development of caring, supportive relationships between adults and young people, and among young people and their peers. Research tells us that the presence of supportive and caring adults in a young person's life is the leading indicator of his/her future success.

Relationship building means that young people:

- Experience emotional and practical support from adults and peers
- Experience guidance from adults
- Build knowledge of adults and peers

Here are **five things you can do** now to encourage relationship building:

1. Make sure that each young person has one adult who knows him/her well.
2. Begin each meeting with a check-in circle and let each person speak briefly.
3. Develop group agreements.
4. Hold a conflict resolution training for young people.
5. Participate in a training that focuses on group process and collaborative learning.

Here are **a few indicators** to know if you are creating a supportive environment for building relationships? • All youth are greeted by adults.

- Youth are asked about their interests, skills, and passions (sparks!).
- During activities, adults generally smile, use friendly gestures, and make eye contact.
- Youth exhibit inclusive relationships with everyone in the program, including newcomers.
- To help youth understand and resolve conflicts and negative behavior, they are encouraged to examine the relationship between their actions and consequences.
- Youth have structured opportunities to get to know each other.

Set at least two goals for building relationships in your work with young people and assess whether these indicators are present. All youth seek to learn and grow but they have needs that must be met – building relationships is one of those needs. Next month we will explore youth participation.

AG DAIRY DAY

Redwood Acres Fairgrounds

Sat., Feb. 9

Students of the College of the Redwoods' Ag Department are coordinating a dairy judging day at Redwood Acres Fair on **Saturday, February 9**, beginning at 7:45 a.m. *All 4-H members are invited to attend to learn and participate.*

There will be six classes of dairy animals to judge along with 3 reasons classes. In addition, participants will be able to judge pedigrees. This judging competition will be similar to FFA dairy judging competitions held at different universities throughout the state. An awards ceremony will be held at the conclusion of the competition. Should you have any questions, please contact Brooke Renner at 834-7700 or Genevieve Regli at 786-9066.

4-H FILM MAKING ONE-DAY WORKSHOP

Dates from February - April

To learn the basics of video production, including storyboarding, filming, and editing, 4-H members (age 13-19), 4-H volunteers, and 4-H staff are invited to participate in a workshop presented by the 4-H Technology Leadership Team. There is no cost to participate. These trainings are provided by support from BestBuy through the California 4-H Foundation. Full information is available on the State 4-H Website: www.ca4h.org/Projects/SET/Tech/CTLT/Film/ Call the 4-H Office if you are interested.

UC DAVIS CA&ES FIELD DAY

Fri/Sat, March 1 & 2, 2013
UC Davis

UC, Davis College of Agricultural and Environmental Sciences will hold its 37th Annual Agricultural and Environmental Sciences Field Day on **March 1st & 2nd**.

The UC Davis CA&ES Field Day is the 2013 California 4-H State Qualifier for Poultry, Dairy & Livestock judging. Visit <http://www.ca4h.org/Projects/SET/Animals/SLJC/> for state qualifying guidelines.

PYGMY GOAT DAY

Save the date!!!!



SPPGA Goat day-**March 23, 2013** @ 10:00am @Tehama District Fairgrounds in Red Bluff. Event will be held indoors!! We will be doing a judging contest and a pygmy goat knowledge bowl. All questions asked will be out of the NPGA material. There will be prizes awarded for each age division for both contest. SPPGA will provide the chicken for lunch. Just bring a side or desert to share. Don't have to be a SPPGA member to attend. If you have any questions please contact **Tammi Josephson**. notification+p1oprec1@facebookmail.com Please come join the fun and learn something!!!!

STATE 4-H FIELD DAY

Saturday, May 25 from 8 a.m. - 6 p.m.
UC Davis

The State 4-H Field Day takes place annually on the Saturday of Memorial Day weekend at the UC Davis campus. The event is open to all 4-H members, volunteers, staff and parents. For additional details, visit <http://www.ca4h.org/programs/events/SFD/>.

4-H STATE LEADERSHIP CONFERENCE

July 25-28, 2013

UC Davis



The 4-H State Leadership Conference brings together high school youth from across California in a four-day leadership training, net-working, and learning experience. Visit <http://www.ca4h.org/Programs/Conferences/SLC/> for additional information.



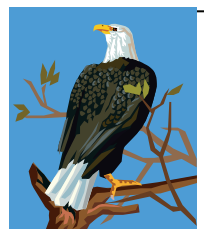
10TH ANNUAL STUDENT BIRD ART CONTEST AT GODWIT DAYS

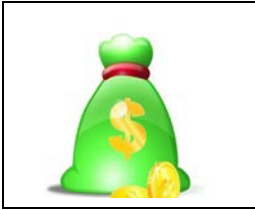
Submission Rules: One entry per student. Maximum size of artwork is 8.5" x 11". Subject must be a rendering of a bird listed below or another common local bird species. Any medium may be used (e.g., crayon, pastels, paint, pencil, collage), as long as artwork can be push-pinned to a wall for display. Write student's name, home address, phone number, teacher name, grade number, and name of school on back of entry, along with the species of bird being depicted. Do not frame.

Deadline for Receipt of Entries: Friday, March 22, 2013. Drop off at Strictly for the Birds, 123 F Street, Eureka, or the Arcata Marsh Interpretive Center, South G Street, Arcata, or mail to Louise Bacon-Ogden, 2337 B Street, Eureka 95501.

Please select a species from the list below (or another common local bird) when creating your artwork entry:

American Avocet; Bufflehead; Chestnut-backed Chickadee; Wood Duck; Bald Eagle; Great Egret; Peregrine Falcon; Purple Finch; Northern Flicker; Marbled Godwit; American Goldfinch; Western Grebe; Northern Harrier; Red-shouldered Hawk; Great Blue Heron; Anna's Hummingbird; Steller's Jay; Belted Kingfisher; White-tailed Kite; Common Loon; Western Meadowlark; Marbled Murrelet; Black-crowned Night-Heron; Red-breasted Nuthatch; Osprey; Spotted Owl; Snowy Plover; Tufted Puffin; California Quail; American Robin; Cliff Swallow; Cinnamon Teal; Forster's Tern; Varied Thrush; Spotted Towhee; Cedar Waxwing; American Wigeon; Pileated Woodpecker; Marsh Wren; Common Yellowthroat





ORB Survey yields rewards!
Earn a \$20 gift card
Complete by February 15th!



Have you ever wondered what the impact of 4-H is on you and other young people? Those of us in 4-H see first-hand the value and beauty of the program. Not only is it fun but it helps develop healthy, happy, thriving people who make a positive difference in their communities.

We want to tell this story to everyone and you can **help us** by completing the surveys in the 4-H Online Record Book (ORB). The surveys ask questions related to sparks (what excites and motivates youth) and goal management in addition to questions about academics, science, healthy living and citizenship. Survey data will help us make this program better for youth, and make the program fit their needs. We want to make sure that 4-H is not only fun, but is helping youth find their spark, reach their goals and contribute to their community.

And if that isn't enough of a reason... 4-H Thrive is awarding **\$20 gift cards** to every 4-H member that **completes all** SPARKS Score Questions (*including the "Bonus" ones*) and adult volunteers that complete observation tools in the 4-H Online Record Book (ORB). SPARKS Score Questions appear twice a year; **you must complete both time points** to be eligible for these gifts. In addition, these same individuals will automatically be entered into a drawing to **win a new iPad Mini**. The current SPARKS Score Questions and adult observation tools must be completed in ORB **no later than February 15, 2013** to be considered. The second set will appear in ORB beginning May 1st, these must be completed **by August 31, 2013**.

Humboldt County 4-H Horse Show

March 24, 2013

Humboldt County Fairgrounds, Ferndale

www.humboldtcountyhorseshow.org



Earn your 4H Horse Pin, Ribbons and Other Awards.
 English, Western, Games and Showmanship.
 Open to all 4-H Members 9 and Older.

Activities for those not showing or under the age of 9.

Complete Show Packet Available. For more information and to be added to the event update list, please reply to event Chair Allison Barnwell at arb56@rocketmail.com .

Feel free to share with other 4H members and project leaders.

4-H Film Making One-Day Workshop

Dates from February - April



To learn the basics of video production, including storyboarding, filming, and editing, 4-H members (age 13-19), 4-H volunteers, and 4-H staff are invited to participate in a workshop presented by the 4-H Technology Leadership Team. There is no cost to participate. These trainings are provided by support from BestBuy through the California 4-H Foundation. Full information is available on the State 4-H

Website: www.ca4h.org/Projects/SET/Tech/CTLT/Film/ Call the 4-H Office if you are interested.