



**UC Cooperative Extension  
Humboldt County  
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Sandy Sathrum  
4-H Program Representative**



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**Bio-Security in Animal  
Science January 26, 2013**

CALENDAR OF EVENTS (Local Events in **Bold**)

<b>Jan 1, 2013</b>	<b>Office Closed for New Year's Holiday</b>		
Jan 12-13, 2013	4-H Shooting Sports Workshop	Sat 8:00am-6:00pm Sun 8:00am-4:00pm	Bakersfield
Jan 15, 2013	Revolution of Responsibility Grant Due		
Jan 18-21, 2013	Stanislaus 4-H Winter Camp		Stanislaus Co
<b>Jan 26, 2013</b>	<b>Bio-Security in Animal Science Workshop (p5)</b>	<b>10:00 and 11:30</b>	<b>Ag Center</b>
<b>Jan 28, 2013</b>	<b>County 4-H Leaders Council Meeting</b>	<b>6:30 pm</b>	<b>Ag Center</b>
Feb 2, 2013	Chico Swine Day (p8)		Chico
<b>Feb 9 &amp; 10, 2013</b>	<b>HPFA Poultry Show</b>	<b>Sat &amp; Sun</b>	<b>Humboldt Co Fairgrounds</b>
Feb 9, 2013	Chico Sheep and Goat Day (p8)		Chico
<b>Feb 10, 2013</b>	<b>Presentation Day (p4)</b>	<b>1:00 pm</b>	<b>Eureka High</b>
Feb 15, 2013	Honey Bee Essage Due (p8)		
<b>Mar 1, 2013</b>	<b>Fieg-Tucker Scholarship Due (p4)</b>	<b>5:00 pm</b>	<b>4-H Office</b>
Mar 2, 2013	Video Production Workshop	1:00-5:00 pm	Red Bluff
Mar 9, 2013	Video Production Workshop	1:00-5:00 pm	Ukiah
<b>Mar 16, 2013</b>	<b>Northcoast Youth Summit (p4)</b>	<b>8:30 am</b>	<b>College of the Redwoods</b>
<b>Mar 24, 2013</b>	<b>4-H Horse Show (p8)</b>		<b>Humboldt Co Fairgrounds</b>
<b>Mar 25, 2013</b>	<b>County 4-H Leaders Council Meeting</b>	<b>6:30 pm</b>	<b>Ag Center</b>
Apr 13, 2013	Sectional Presentation Day		Lake County
<b>May 20, 2013</b>	<b>County 4-H Leaders Council Meeting</b>	<b>6:30 pm</b>	<b>Ag Center</b>

See pg 2 for State 4-H updates of event and funding dates and deadlines

## STATE 4-H UPDATES



- **4-H Shooting Sports Workshops**  
A 4-H shooting sports workshop for the **Rifle discipline** will be held at UC Cooperative Extension Office, 1031 S. Mt. Vernon Avenue in Bakersfield. The workshop will be **January 12, 2013** 8am-6pm and **January 13, 2013** 8am – 4pm.
- A **4-H Archery Certification Training for volunteers and junior/teen leaders** will be offered Saturday, January 19<sup>th</sup>, 9 am – 5 pm, and Sunday, January 20<sup>th</sup>, 8 AM- 12 noon, at the Livermore-Pleasanton Rod & Gun Club.

To register for Shooting Sports Trainings or receive more information, contact John Borba at:

[jaborba@ucdavis.edu](mailto:jaborba@ucdavis.edu)

- The University of California, Davis College of Agricultural and Environmental Sciences will hold its **37<sup>th</sup> Annual Agricultural and Environmental Sciences Field Day on March 1<sup>st</sup> and 2<sup>nd</sup>**.

The UC Davis CA&ES Field Day is the 2013 California 4-H State Qualifier for Poultry, Dairy and Livestock judging. Visit <http://www.ca4h.org/Projects/SET/Animal/SLJC/> for state qualifying guidelines.

- **Save the Date: State 4-H Field Day 2013 – May 25 at UC Davis including Fashion Review, MyPlate Challenge, Judging events and Presentations.**  
<http://www.ca4h.org/Programs/Events/SFD/>

### **State 4-H Field Day Educational Exhibits**

[http://ucce.ucdavis.edu/survey/survey.cfm?](http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=9588)

[surveynumber=9588](http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=9588) Applications due **April 1, 2013**

Educational exhibits and displays constitute a unique aspect of the State 4-H Field Day. These exhibits are a great opportunity to share knowledge, interact with youth and adults, and engage people in new activities.

Possibilities for displays include hands-on activities, community service crafts, informative booths, etc.

- **California Focus June 14-18, 2013**  
California Focus is a unique citizenship educational experience that combines hands-on participation in workshops, debates and simulations with speakers, tours, fun activities and new friends from across California. <http://ucanr.org/sites/UC4-H/Projects/Citizenship/Focus/CF/>. **Online Registration will be available February 1, 2013**
- **Citizenship Washington Focus Registration is currently being taken June 23-July 2, 2013.**  
Washington Focus, an educational conference offered at the National 4-H Center near Washington, D.C, gives youth the opportunity to explore, develop and refine the civic engagement skills they need in

order to become outstanding leaders. Additional travel days include visits to Gettysburg, Philadelphia and New York City. <http://www.ca4h.org/Projects/Citizenship/Focus/WF/>

- **4-H State Leadership Conference 2013 – July 25-28, 2013 at UC Davis Celebrating 100 years of California 4-H.** This year's theme: *There's no place like 4-H*

The 4-H State Leadership Conference brings together high school youth from across California in a four-day leadership training, networking, and learning experience. <http://www.ca4h.org/Programs/Conferences/SLC/>

- **SAVE the Date! November 8-10, 2013** 100 Years and Thriving – Come celebrate California's Centennial of 4-H with your 4-H colleagues at the **State 4-H Leader's Forum (SLF)** at the Crowne Plaza in Sacramento. More information will be on the CA State 4-H website by the end of January. In the meantime, we are recruiting workshop presenters for this momentous event. Traditions or transitions, changes or choices, what kinds of information, issues, inspirations will you share with the delegates? Please contact Mary Engebret - [maryengebret@comcast.net](mailto:maryengebret@comcast.net) with suggestions of topics and/or experts.

- The state office would like to introduce **iDevelop**, CA 4-H's Virtual Training Center. iDevelop was created to provide training around positive youth development to assist in sustaining healthy environments for 4-H members in order to help them reach their full potential.

Training modules include:

- \* Foundations of Positive Youth Development
- \* Helping Youth Discover Their Spark
- \* Understanding the G.P.S. Goal Management System
- \* "Growth Mindset"
- \* Self-Reflection and the Indicators of Thriving

To access these virtual trainings go to the state website [www.ca4h.org](http://www.ca4h.org) and type "iDevelop" in the search box or use the following link: [http://www.ca4h.org/Resources/Volunteers/4-H Thrive Resources/4-H Thrive Virtual Trainings/](http://www.ca4h.org/Resources/Volunteers/4-H%20Thrive%20Resources/4-H%20Thrive%20Virtual%20Trainings/)

- The State 4-H Office is offering a 3-hour 4-H **Online Record Book training** for counties desiring it. This training (ORB Internet Café) will walk participants through how to use all aspects of the 4-H Online Record Book in a fun and engaging way. Please contact your county office if you desire to bring this training to your area.



4-H is a community of young people across America who are learning leadership, citizenship and life skills.

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### KEY ASSETS IN 4-H YOUTH DEVELOPMENT PHYSICAL & EMOTIONAL SAFETY

Our effectiveness when working with young people can be increase to help them reach their full potential.

Current research indicates five youth development practices or supports and opportunities that young people should experience in all major settings in which they spend time, including 4-H.

These five supports and opportunities include: 1) **emotional and physical safety**; 2) **multiple supportive relationships with adults and peers**; 3) **meaningful opportunities for involvement and membership**; 4) **knowledge and ability to impact the community**; and 5) **challenging and engaging activities and learning experiences**.

This month we will focus on the first support and opportunity – building safety. Creating a safe environment for young people is critical to their health and development. Young people feel physically safe when the surrounding environment is properly equipped with systems and procedures to protect them from physical harm. A young person feels emotionally safe when s/he is fully accepted and valued as an individual by adults and peers.

Establishing safety is critical as safety is the foundation of any quality environment. For example, without safety it is difficult to build relationships. Additionally, if young people do not feel safe they will not want to stay in the program.

Here are **five things you can do** now to build safety:

1. Develop agreements regarding safety and regular group meetings
2. Include “no put-downs” in your agreements
3. Institute a regular group or “community” check-in at meetings
4. Assess the cultural, gender, ethnic and family structure background of your group
5. Expand the group’s knowledge of particular groups and cultures

How do you know if the environment is safe? **Here are a few indicators of a safe environment:**

- The emotional climate of the session is predominantly positive and any playful negative behaviors are mediated by staff or youth
- There is no evidence of bias but rather mutual respect for and inclusion of others
- The program space is free of health and safety hazards
- Written emergency procedures are posted in plain view
- Other appropriate safety and emergency equipment is available to the program offerings as needed
- All entrances to the indoor program space are supervised for security during program hours
- Access to outdoor program space is supervised during program hours
- Program space is suitable for all activities offered
- Available food and drink is healthy

Set at least two goals for building safety in your work with young people and assess whether these indicators of safety are present. All youth seek to learn and grow but they have needs that must be met – safety is one of those needs.

Stay tuned for next month’s Key Asset: **Building Supportive Relationships!**

Shannon Dogan, Associate Director of 4-H Program and Policy

## **NORTHCOAST YOUTH SUMMIT**

*"ILLUMINATE Your Future"*

March 16th, 2013

8:45 AM- 4:00 PM

College of the Redwoods

Hey there TEENS! Here's a great opportunity to participate with 300 other teens to have FUN, learn new skills and create new opportunities for yourself and others. The Northcoast Youth Summit will be held at College of the Redwoods on Saturday, **March 16<sup>th</sup>, 2013**. Make plans with your friends, inside and outside of 4-H, to be one of the first 25 people registered and receive a prize! **Registration** begins in **January**! The All Stars host this empowering event, along with a collaboration team, for youth (grades 7-12) and adults who work with you. Over 300 youth participated last year in over 40 amazing workshops. To find the latest on the Youth Summit and to register, check the website: [www.ysummit.org](http://www.ysummit.org) For additional information contact the 4-H Office.

## **USE YOUR ARTISTIC TALENT TO BENEFIT SCHOOL CHILDREN**

Alice Birney Elementary School needs interested and inclined artists to take a 16-foot metal container from lackluster to fun and beautiful. They would like several murals painted along the sides of the trailer that will lock, store, and transport new bicycles that have replaced bikes stolen last spring. Those stolen bikes were part of the school's bicycle education program and many of the refurbished bikes were intended for the elementary students who graduated from the program.

The murals will depict healthy living...such as bicycle riding, eating healthy foods, and general healthy living. And this is where your creativity and community service come into play. If you are interested in participating, creating a graphic, helping write a UC 4-H Revolution of Responsibility grant to help fund the endeavor, or have questions about the project please contact me, Dorina M Espinoza at [dmespinoza@ucanr.edu](mailto:dmespinoza@ucanr.edu) or 707-445-7351.

## **LEADERSHIP PROJECT TRAINING**

**Recruit Your Club Project Leader**

The Humboldt County 4-H THRIVE Team is eager to share the curriculum for the Leadership Project with ALL of our clubs. Leader and member booklets are available at the 4-H Office for review.

EACH CLUB is asked to recruit at least ONE 4-H Volunteer that will then lead a "Leadership Project" in your club or club cluster. These can be for Junior Leaders OR for Teen Leaders as there is curriculum for each. We need your ideas (teens and adults) for the best way to involve as many youth as possible. Share the name of your contact volunteer leader and your ideas with Dorina or Sandy, 445-7351, today!

## **COPING WITH VIOLENCE AND NATIONAL TRAGEDY**

With the world sending their thoughts to Newtown, Connecticut in the aftermath of the most recent school shooting, the CYFERnet team is mindful that many professionals and volunteers working with children, youth and families at risk want to lend a hand to those impacted by this tragedy. With the goal of putting information at the fingertips of those planning a response, resources are available to help parents and caregivers talk with and help children process and cope with this recent tragedy.

See: <http://www1.cyfernet.org/hotnew/12-12-tragedy.html>

## **2013 SCHOLARSHIP APPLICATIONS NOW AVAILABLE**

New application forms for the 2013-2014 Fieg-Tucker 4-H Scholarships for current high school seniors are now available at the 4-H Office or on-line on the Humboldt County 4-H website. Applications include a summary of your 4-H projects and activities, recommendations, and a current high school transcript. All parts of the application are due at the 4-H Office by 5 p.m. on Friday, **March 1**. All deadlines must be met for an application to be considered -- postmarks will not be accepted. There will be NO exceptions for missing the deadline. Be sure that you are using the current application forms.

Before submitting your application, you MUST request that your community club leader review your application and verify its accuracy. Accordingly, you must be sure to complete your forms early enough to give your leader adequate time to finish that task.

The primary determining factors in the selection process are 4-H records, personal written recommendations, scholastic standing, and college plans of the applicants. The personal financial situation of the applicant is not used to determine selection or amount of a scholarship. Amounts vary each year based on the number of qualified applicants and the funds available.

Scholarship recipients will be announced at the **March 25** County Council Meeting.

## **COATS FOR THE COLD**

During the month of January "Coats for the Cold" is having a drive for new and gently used coats. You can watch a 4 minute video (on their website) about this program at your club or project meeting.

Their website: [www.coatsforthecold.org](http://www.coatsforthecold.org) shows drop off locations or you can call Robert Lohn at 616-6973.

Thank you for thinking of others needs during these cold winter months!





## PRESENTATION DAY 2013

February 10<sup>th</sup>, 1-4 PM  
Eureka High School

Our 100th Year Presentation Day will be held on Sunday, February 10th, 2013 at the Eureka High School from 1 - 4pm . There is a NEW Category this year; Mini Presentations for the 8 years and under group! Review the December GRAM for ideas and categories (& the registration form) and plan a club work day to be ready for this great event!! **QUESTIONS** can be directed to: [humboldt4hfamily@yahoo.com](mailto:humboldt4hfamily@yahoo.com) or call Amanda @ 822-4749 or Jed 496-0807.

## SECTIONAL PRESENTATION DAY

Lake County

Sectional Presentation Day has been set for Saturday **April 13, 2012** and it will be at Upper Lake Middle School, Upper Lake, CA 95485. Registration forms will be available at County

## SPECIAL RECOGNITION AT 2013 STATE PRESENTATION DAY

A special recognition pin will be awarded for youth who participate in State Presentation Day and focus their presentations on healthy living. This year's focus area is physical activity. Potential topics may include muscle strengthening, heart rate importance, workout wear, Zumba, activity log, exercise trends, fitness apps, stretching, benefits of exercise, fun ways to work out, 'exergaming', recreational sports, types of activity, making time for fitness, safe places in your community to be active, and more. For details visit: [http://www.ca4h.org/Programs/Events/SFD/PD/Recognition\\_Opportunities/](http://www.ca4h.org/Programs/Events/SFD/PD/Recognition_Opportunities/)

## 2013 4-H PRESENTATION THEMES

[http://www.ca4h.org/Programs/Events/SFD/PD/Recognition\\_Opportunities/](http://www.ca4h.org/Programs/Events/SFD/PD/Recognition_Opportunities/)

California 4-H will offer a thematic recognition pin for youth who participate in State Presentation Day and focus their presentations on one of the following areas: Engineering to Solve the World's Problems, Physical Activity, The Path to Thriving and C is for Contribute.

## HELP NEEDED AT THE 4-H OFFICE

The 4-H Office could use some extra help with filing projects, curriculum and a variety of other clerical projects. This position could provide service learning hours to a teen OR it could be an adult who has a couple of hours a week they would like to contribute. Hours are negotiable. Please call if you could provide some help, 445-7351.

## CLUB SKIT IDEAS

"Share the Fun" is one of the Presentation Day categories and doing a club skit together is LOTS OF FUN! Here are some ideas for other clubs to get the creative thoughts flowing:

- "The 4-H Spelling Bee"- Each member was a different type of "kid"- bookworm, over achiever, talker, stuck up, rapper dude, texter.
- "4-Her's Got Talent"- consists of 3 really bad talent show acts with judge's critiques followed by a 4-H Talent Act that was great.
- "The 4-H Feud" - following the format of "Family Feud" on TV.
- "Are You Smarter Than a 4-H Member" - again following the TV show idea.

Using a microphone with just one member talking at a time as the game host helps the audience hear all the lines. For more information on these skits contact Melody Schrank [melody\\_schrank@yahoo.com](mailto:melody_schrank@yahoo.com)

## SHEEP AND GOAT BIO-SECURITY WORKSHOP

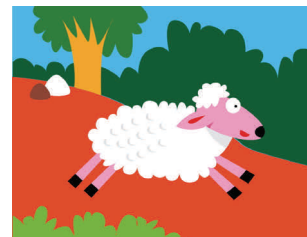


You are invited to attend a Bio Security Workshop on **January 26<sup>th</sup>, 2013**.

Humboldt County 4-H will sponsor two sessions on CL (*Caseous Lymphadenitis*), CAE (*Caprine Arthritis Encephalitis*) and OPP (*Ovine Progressive Psuedotuberculosis*) that affects goats and sheep. The workshop will be presented by Dr. Meghan Mott DVM from North Coast Veterinary Hospital, located in Arcata and Fortuna. The workshop will be held at the Agriculture Extension Office at 5630 South Broadway in Eureka. Take away information will be provided at the workshop.

We are asking attendees to register in advance, due to limited seating space in the meeting area. Two sessions will be held; 1<sup>st</sup> Session will be held from 10 - 11am, and the 2<sup>nd</sup> Session being held from 11:30am - 12:30pm. Attendees can register by phoning the Agriculture Extension Office at (707) 445-7351 or emailing Anita at [humboldt4hfamily@yahoo.com](mailto:humboldt4hfamily@yahoo.com). Your name and a contact phone number or email address is all that is needed to register.

This workshop is the first one planned for an annual series to be held in winter with a separate species highlighted for each workshop



## HINTS FOR FUN AND SUCCES IN 4-H FOR NEW & RETURNING MEMBERS

The following are great ways for you to get the most out of your 4-H experience.

- Attend ALL of your club and project meetings. If you must miss a meeting (for health and/or family emergency reasons) be sure to let your leaders know **before** the meeting and make arrangements for a make-up project. Be responsible!
- Read newsletters from your club and the county GRAM! They let you know about important dates and activities offered for you.
- Attend and participate in as many events as you can. Remember 4-H is "Learn by Doing!"
- Keep a record of your 4-H participation and update your record book monthly. Use a calendar to keep track of important dates.
- Plan to give a talk at your project group, club and participate at County Presentation Day.
- Plan ways to use what you are learning to help others with a service project. Consider applying for a Revolution of Responsibility grant!
- Be persistent! 4-H is a multi-faceted program. It can take time to understand how it all works. Keep focused and involved. Get connected.
- Ask questions when you don't understand, or when you need help. Club and project leaders, teen leaders, county All Stars and the 4-H Office are here to help you.

Make the most of your YEAR! And have FUN!

## COUNTY 4-H LEADERS COUNCIL HIGHLIGHTS!

Exciting things are happening in the Humboldt County 4-H Program! Events and activities are gearing up for our **Centennial Celebration** in 2013! And there is room for you to be part of the action! If you know a former 4-H member who could share their story of how 4-H was of benefit to them, please contact the 4-H Office!

19 leaders were trained in **archery** in our county!!! **Tents** for use at events were discussed and finalized. Sandy shared workshop information from the Ag in the Classroom Conference and the **State 4-H Leaders Forum**. Next year's SLF will be in Sacramento **Nov. 8, 9 & 10 2013** with LOTS of celebrations for the centennial. Mark your calendar to join the leaders from Humboldt.

Humboldt county has been selected to be one of a select group to participate in the evaluation of the **THRIVE** leadership project. More information is available for your club to participate.

**Top ticket seller** for Lamb BBQ was Kiersten Yorks and top club was Bridgeville. Congratulations. Over 770 people were served as this year's BBQ! Great job everyone!

Next Council meeting is **January 28<sup>th</sup>** at 6:30 PM. Make plans to attend.

## "MAPPING YOUR FUTURE?!"

### SETTING AND ACHIEVING GOALS

#### A 4-H Life Skill

By Sandy Sathrum, 4-H YDP

Visualize for a moment something that would bring great satisfaction to your life. Everyone has areas where they are passionate with hopes and **dreams** that they wish could come true. The key to realizing success in reaching your goals is to break it down into smaller chunks of attainable tasks. I am delighted to hear and see the goals and dreams realized through the 4-H program.

The New Year is here and many people take this opportunity to review & set goals for changes in their lives. This requires adjustments to our current way of doing things. If we make those changes **achievable** we will have success! Even a tiny change on a ship's course over many miles will greatly alter its destination. Whether your goals are personal or 4-H related, here are some basics to guide you along the way to reach your destination.

1. **Define the goal.** Be selective. A goal has to be important to you personally and within your power to make it happen by your own actions. Pick one goal to start.
  2. **Make a plan.** Define specifically what you want to achieve. Break down your task into small achievable steps. Write down all the tasks on a list and check them off as you complete them. It's a wonderful feeling!
  3. **Prepare for road blocks.** Murphy's law says: "*things will go wrong in any given situation, if you give them a chance*". Consider which things might be barriers to your success and have a plan for using your obstacles as stepping stones and keep the momentum going.
  4. **Enlist support.** It's nice to think we can do it on our own, but we achieve more with teamwork. Whether you enlist a buddy who wants to achieve the same goal or an accountability partner who will check on your progress, telling someone else your goal makes you more committed to achieving it.
  5. **Set deadlines.** When you list your steps, make a timeline for accomplishing them. This extra push can help you get the steps done. Refer to your list often!
- Celebrate success.** Reward yourself often for accomplishing the baby steps. Getting started is the most difficult step so make that first one small and achievable. Remember that each step is bringing you closer to your destination.

So, no matter what passion or dream you have, take a few minutes now to write it down and map out your steps! May you celebrate many satisfying achievements in 2013!

Remember: **A Goal without a plan is only a wish!**

## "4-H HANDBOOK FOR MEMBERS AND FAMILIES"

Clubs have been handing out the "4-H Handbook for Members and Families" to all of their new families. If your family has not yet received this booklet, please call the 4-H office, 445-7351, so we can send one to you! We want you to have a successful year!



## Community Club News



News of what is happening in our clubs is inspiring to others. We need ALL club reporters to submit their articles to the 4-H office **by the 15<sup>th</sup>** of each month so we can include your club news. Photos should be sent as a separate jpeg file. Articles should be no longer than 150 words in length. **Is your club featured in this GRAM?**

### ARCATA BOTTOM 4-H NEWS!

Hello everyone. The Arcata Bottom 4-H group has just held their Christmas Party this past Sunday. We skated and had a fun gift exchange along with a potluck lunch. Everyone enjoyed themselves and we had a great turn-out!

We look forward to January, once the holidays are done. The group will be making sandwiches for Betty Chin on Friday, January 4<sup>th</sup>, another great community service project. We hope everyone has a safe, fun holiday.

### BRIDGEVILLE CLUB NEWS!

by Cortney Reavis

The Bridgeville 4-H Chapter has been busy this fall under President Michaelyn Mullan. In September we made hygiene bags containing hand-warmers, toothpaste, and floss, etc. for the Veteran's Stand Down in Ferndale. Our cooking project supported the Veteran's Day celebration in Fortuna with 4 dozen chocolate chip cookies.

Our group collected socks for both Betty Chinn's sock project in Eureka and overseas soldiers, for whom we also made Thanksgiving cards.

For December, we planned a canned food drive for the local community and a Christmas party for members on **December 15<sup>th</sup>**. We will spend the night in the Bridgeville School gym, go caroling, play Twister and other fun stuff.

Our Bunny group is raising a Californian rabbit to show at the Redwood Acres Fair. Our team sport project group is volleyball this year and we play and listen to music for about an hour before every community meeting.

### CUTTEN 4-H NEWS!

Happy New Year 4-H families!

The Cutten club was busy going to project groups in December. Instead of our regular community meeting, we met at Frye's Care home to sing carols to their residents. After 20 minutes, we all jumped into our cars and moved on to Pacific Care, and then to Granada. At each place our members handed out handmade cards made by Abby, Sarah, Faith & Jenna. To end the night we went to Cameron & Abby's house for ice cream sundaes and hot cocoa. Our members had fun, and the residents were very appreciative.

Cutten has a new service project in the works! We will be making a meal each month for homebound people. See Lisa & Janet for more information.

Our next community meeting will be held at the Cutten Elementary School, **January 15, 2013**, at 6:00.

## FRESHWATER CLUB NEWS

By Kacy Tuel

Thank you to everyone who brought coats for Betty Chinn. Max Toste collected 162 coats and the club collected 29 coats. All together Freshwater donated 191 coats!! The coats will be very appreciated. Wear green to the meetings and get 2 tickets for the drawing. Our next meeting will be January 14, 2013. Happy Holidays!!

### HYDESVILLE 4-H NEWS

By: Abigail Albin

Congratulations to Makayla Wilson for winning the county record book award! At our November meeting, we had a dessert auction to raise money for our club. Thanks to Scott Peugh for being our auctioneer, and for donating a cord of wood to sell. Thanks to all members for donating your delicious treats, and for the buyer's support to our club. At the December meeting, we had a sugar cookie decorating contest. Our next meeting is **January 7, 2013**, at 7 pm at Hydesville School.

Our 2012-13 officers are:

Marisa Wright	President
Jake Bones	Vice President
Beth Noel	Secretary
Braden Paine	Treasurer
Quartermaster	Kyersten Borges
Reporter	Abigail Albin
Song leader	Emma Foley

## CONGRATULATIONS TO DOUG JAGER OF 4-H TRAIL!

The Northern California Horsemen's Association honored Doug Jager with the Horseman of the Year Awards at their dinner at the Samoa Cookhouse on **Dec. 7<sup>th</sup>** at 6:00 PM. Doug started the 4-H T.R.A.I.L. (Therapy Riding for Access to Independence and Learning) over 25 years ago. He has brightened the lives of countless individuals and continues to provide riding access. The 4-H T.R.A.I.L. program has just launched their own Facebook page – "4-H T.R.A.I.L." where you can keep current on their activities and ways to support this worthy program of 4-H that is here in Humboldt County.





## WANTED: COMMITTEE CHAIRPERSONS

Youth Chairpersons are needed for our county 4-H events to happen. These events include: Ag Day, Awards Night, Baby Week, Horse Show, Horse Camp, Livestock Auction, Lamb BBQ, Country Auction, Large Animal Workshop, Postal Shoot, Poultry Show, Presentation Day, Project Field Day, Rabbit/Cavy Show, Summer Camp and Tour of the Unknown Coast.

To assist you as a committee chairperson for an upcoming 4-H event or activity, make an appointment and come to the 4-H office to go through the folders and pick-up the 'Event Chair Planning Guide'. The guide will help you to establish a committee team, set goals, create a timeline, team roles, and more. All committees should plan their events in a timely manner for good publicity, especially if the event is a fundraiser. Committees need to communicate with the 4-H Office and have all flyers, articles for the GRAM, and contracts approved by the 4-H Office prior to publishing. **This process is to be used for all 4-H events/activities, and fundraisers.**

## JOIN THE REVOLUTION OF RESPONSIBILITY!

Next grant review is **January 15<sup>th</sup>**

2013 marks the centennial for 4-H in California and the 4-H Program will celebrate by giving back to their communities with youth-designed, youth-led projects where participants learn leadership by actually leading, collaboration by forming relationships with other groups and agencies, and citizenship skills by actively seeking opportunities to make a difference in their communities. The Revolution of Responsibility will celebrate the power of youth taking action. An on-line application is available at: <http://ucanr.org/join/>. The next application deadline is **January 15**. To see the application check out the web site at: <http://www.ca4h.org/Support/RofR/> **Call Sandy or Dorina at the 4-H Office for ideas and support in completing for a successful grant.**

## CSU CHICO ANIMAL EDUCATION DAYS

### **CSU, Chico Swine Education Day**

**Date:** Saturday, February 2, 2013. **Registration:** 8:00 AM; **Opening Address:** 9:00 AM at the **Chico State University Farm Pavilion**. The event includes a variety of educational workshops on nutrition, health, carcass evaluation and more. For more information contact Clay Carlson [ccarlson2@csuchico.edu](mailto:ccarlson2@csuchico.edu)

### **CSU, Chico Sheep and Goat Day**

**Date:** Saturday, February 9, 2013. **Registration:** 8:00 AM; For more information, contact Dr. Celina Johnson by phone (530-898-4147) or email [crjohnson@csuchico.edu](mailto:crjohnson@csuchico.edu) visit the [Sheep and Goat Unit web site http://www.chicostatesheepgoat.com/](http://www.chicostatesheepgoat.com/)

## HPFA POULTRY SHOW

Feb. 9 & 10, 2013

Mark your calendars for the upcoming HPFA Winter Poultry Show – **Saturday and Sunday, February 9 & 10, 2013** which will be held this year at the **Humboldt County Fairgrounds** in Ferndale with the banquet at Bear River Casino. For more information about this show contact the **4-H event chairs: Beth Noel**, 768-21779; **Makayla Wilson**, 768-3024; or **William Justesen**, 768-2053 or HPFA President: Harry Majors, 496-6350.

## 2013 4-H HONEY BEE ESSAY CONTEST

Sponsored by The Foundation of the Preservation of Honey Bees, Inc.

Each year the Foundation sponsors an essay writing contest for active (fees paid) members of 4-H clubs across the country. There are cash prizes for the national winners: 1<sup>st</sup> Place - \$750.00; 2<sup>nd</sup> Place - \$500.00; 3<sup>rd</sup> Place - \$250.00. Check their website for topic and application form <http://entnemdept.ufl.edu/honeybee/extension/4H.shtml> and for the contest rules, theme and where to mail your entry. Entries must be **received** by **Feb. 15, 2013**.

## SAVE THE DATE

### **Humboldt County 4-H Horse Show**

March 24, 2013

Humboldt County Fairgrounds Ferndale

Earn your 4H Horse Pin, Ribbons and Other Awards. English, Western, Games and Showmanship. Open to All 4H Members 9 and Older. Activities for those Not Showing. For more information or to be added to the event update list, contact Allison Barnwell [ar56@rocketmail.com](mailto:ar56@rocketmail.com) or (707) 499-7064. More details to come.



Hope to see you there!



## 2013 4-H FILM MAKING STATEWIDE PROJECT

*supported by BestBuy*

March 2, Red Bluff; March 9, Ukiah



<http://www.ca4h.org/Projects/SET/Tech/CTLT/Film/>

For 4-H members (age 13-19), volunteers, and staff to learn how to produce films. The goal of the 4-H Film Making Project is to enhance technological literacy of 4-H members by helping them learn the basics of film production including storyboarding, filming, and editing. Our goal is to have 4-H members produce films that feature how 4-H is impacting their community (for example, 4-H Revolution of Responsibility projects) and recording 4-H alumni and creating films featuring the "Voices of 4-H History" for the CA 4-H Centennial.

The project is coordinated by the 4-H Technology Leadership Team, Hosting four-hour video production workshops around California using the National 4-H Film Making Curriculum (workshops limited to 30 people). Lending video equipment kits to counties. Showcasing completed videos at the State 4-H Film Festival and on various websites. Learn more and register for a workshop at <http://www.ca4h.org/Projects/SET/Tech/CTLT/Film/>